

Municipal Public Health and Wellbeing Plan 2013-2017

Year 4 Implementation Plan - Progress Reporting 2016-2017

Executive Summary

This is the fourth and final year progress report for the Municipal Public Health and Wellbeing Plan 2013-2017. The Plan is divided into four key themes: Strong and Connected Communities, Celebrating Place and Space, Sustainable Economic Growth and Keeping People Well.

Each theme has a number of strategies and actions which are reported against by the various partners who contribute to the delivery of the Plan. These partners include:

- Nexus Primary Health
- Yea District Memorial Hospital
- Alexandra District Health
- CEACA
- Family Care
- Lower Hume Primary Care Partnership
- Koolin Balit
- Kinglake Ranges Neighbourhood House
- Yea Community House
- Flowerdale Community House
- Toolangi Castella Community House
- Valley Sports
- Berry Street
- Murrindindi Shire Council

The Executive Summary provides an overview of progress for each of these four themes and highlights key achievements by all partners in the 2016/17 year under the plan.

Theme 1: Strong and Connected Communities

To ensure our community is better informed we have:

- launched a new Council website which meets WCAG 2 standards and reviewed templates for Council reports and letter to promote the use of plain English
- implemented a Community Directory and Events Calendar on Council's website, with training provided to community groups and event organisers
- reviewed Council recruitment procedures and external forms, and promoted gender inclusion in work areas where we have seen an increase in Parks and Gardens female participation from 0% to 30%
- increased participation and engagement on the Murrindindi Children's Network Facebook page and launched a Murrindindi Shire Council facebook page
- undertaken Tech Savvy Seniors programs across Library branches with 164 seniors participating and over 40 sessions held
- continued providing Centrelink and VicRoads services to community through Council offices and CEACA.

We still need to:

- undertake further work on improving accessibility of information, including the potential redevelopment of Council forms and accessibility of library services.

To promote volunteering and strengthen community groups we have:

- held volunteer acknowledgement events for Community volunteers
- commenced planning a trial Council Community Visitor scheme and Volunteer Transport Program
- developed a Volunteer Murrindindi website – www.volunteermurrindindi.com.au by the Kinglake Ranges Neighbourhood House (KRNH)
- developed an agreement with Corrections Victoria for community service order work placements to benefit local community projects through KRNH and Flowerdale Community house.
- secured funding through The Age Friendly Communities Project to assist community and neighbourhood houses to undertake strategic planning to support growth and sustainability

- supported community groups with education and training (lead by CEACA)
- funded 9 projects through the Community Grants Program.

We still need to:

- look at creative solutions to volunteer training
- explore option of Library book deliveries in the Kinglake Ranges

To encourage community and individual participation we have:

- worked in partnership to deliver a number of events including Children's Week, NAIDOC Week, FReeZA events, Close the Gap Day, International Day of People with a Disability and Council has delivered over 600 Library events.
- Worked in partnership to deliver a number of programs including Mother Goose, Change It Up, Tech Savvy Seniors, Living Libraries, Library after school and school holiday programs
- established Theraplay Supervision Network
- strengthened Council's working relationship with the Taungurung Clan and heightened recognition of Aboriginal and Torres Strait Islander people through Council branding and communications.

We still need to:

- progress the Cultural Diversity Audit in partnership with the Koolin Ballit program.
- explore the potential for additional flag poles at all Council offices to fly the Aboriginal and Torres Strait Islander flags.

Theme 2: Celebrating Place and Space

To encourage people to take part in physical activities we have:

- completed streetscape projects in Eildon and Yarck
- completed a number of pathway and access projects working with the Access and Inclusion Committee
- completed upgrade works at the Leckie Park Cricket Pavilion and public toilets in Alexandra, including disability access
- started work on the Recreation and Open Space Strategy and recreation asset mapping process
- worked with Upper Goulburn Landcare Network (UGLN) on a number of initiatives including National Clean Up Australia Day and the Green Army program
- promoted events encouraging physical activity through the 'Discover Murrindindi' Calendar of Events, both in print and online, on Facebook and in newsletters
- supported the inaugural Ellimatta Fun Run
- increased access to public gym sessions in Alexandra, Eildon and Marysville through Alexandra District Health
- promoted Great Victorian Rail Trail (GVRT) for walking, cycling, horse riding in 'Discover the Heart of Victoria' brochure and online, and in the GVRT brochure and pocket guide.

We still need to:

- trial initiatives to increase usage of pool facilities including working with the swimming clubs, and GP and medical practitioners to encourage use of the pools for gentle exercise and rehabilitation
- grow the Heart Foundation Walking Group membership base.

To help people get around we have:

- submitted a funding application to the Victorian Planning Authority to review Council's Urban Design Framework
- undertaken regular Council inspections of the footpath network and continues maintenance
- installed bike racks at key locations on the GVRT and in township areas
- developed a draft feasibility scope to develop a Giant Tree's walking/riding trail from Toolangi to Eildon, with funding application pending
- completed pathway works in Alexandra and Eildon to improve disability access
- undertaken disability parking reviews in Alexandra, Kinglake and Marysville.

We still need to:

- redevelop disability parking at the Council offices in Alexandra
- undertake disability parking reviews in Eildon and Yea.

To make sure people of all abilities can participate in community life, we have:

- ensured works are compliant with the Disability Discrimination Act
- supported the Alexandra Self Advocacy Group to run the Alexandra 150 Years digital graffiti light projection show and included representation of the group on the Access and Inclusion Committee
- trialled wheelie bin tipper at the Resource Recovery Centres to improve access for people with mobility issues
- supported the construction of new netball courts at the Alexandra showgrounds
- undertook community consultation to identify suitable Age Friendly Communities projects to be delivered in the 2017/2018 financial year
- delivered the 'Don't park in the blue zone' campaign to educate the public on appropriate use of disabled parking bays with Nexus Primary Health and the Access and Inclusion Committee.

We still need to support Nexus to distribute Good Access is Good Business guides to business and tourism associations across the Shire.

Theme 3: Sustainable Economic Growth**To support participation in employment, we have:**

- grown and promoted Family Day Care employment opportunities through a range of media including media releases, radio (UGFM) and social media
- operated Family Day Care school holiday programs in Yea and Toolangi
- delivered a series of business focused workshops across the Shire through Murrindindi Incorporated as part of the Doing Business Better project
- attended a number of career sessions at Alexandra Secondary College and hosted 5 work experience students
- supported Berry Street with the L2P Program.

We still need to:

- explore the potential to offer additional traineeships and introduce Aboriginal traineeships
- explore the potential of using 'Go To' meeting platforms as a way to improve training accessibility for those that may not be able to attend in person.

To support and promote life-long learning opportunities, we have:

- delivered training opportunities for staff using local providers wherever possible
- run over 600 program sessions across the Library branches with a yearly attendance of over 10,000.

To support the development of a strong and resilient local economy, we have:

- promoted and supported optimum subdivision and building design to maximise environmental benefits
- implemented the Planet Footprint system for recording and reporting on resource consumption
- developed revegetation agreements with land owners as part of Council's obligation to meet its pre-2006 native vegetation offsets obligations
- installed LED lights in Murchison Street Marysville to complete the Watts Working Better project
- worked with Goulburn Broken Greenhouse Alliance to implement the Regional Change Adaption Plan.

We still need to secure funding for development of a regional energy efficiency program targeting Council buildings and/or fleet/plant.

Theme 4: Keeping People Well**To ensure a clean and safe community, we have:**

- updated the Municipal Relief and Recovery Plan and the Municipal Fire Management Plan, and worked with SES to develop the Municipal Flood Emergency Plan

- provided Emergency Relief Centre training to volunteers, developed Children in Emergencies Manual and established a Children's Activities resource
- developed Fact Sheets to educate the community on how waste is reused and recycled
- delivered Clean Up Australia Day event with Upper Goulburn Landcare
- promoted heat health, sun smart and emergency preparedness messages through Council media
- implemented Neighbourhood Safer Place Plan
- attended emergency exercises to further develop Council's knowledge and to practice skills required in recovery.

We still need to:

- continue development of the Domestic Waste Management Plan
- enhance signage at Resource Recovery Centres (RRC) to educate the community on how waste is reused and recycled
- implement appropriate operations and infrastructure to develop re-use shops and material recovery practices at the RRC
- develop community resilience planning framework using a co-design approach
- support relevant stakeholders in the development of ten year Black Saturday memorial event/s.

To encourage healthy lifestyle choices, we have:

- promoted and provided immunisation services to children through Maternal and Child Health
- supported the development of healthy eating initiatives including Yea Community Garden, the Triangle Food Op Shop and promoted the fresh food brochure.
- assisted early years providers in the Shire to participate in the Smiles 4 Miles program with policy development, information and sharing of resources
- begun implementation of the Kids Matter Mental Health program
- worked with young people in Murrindindi to raise awareness of health risk and anti-social behaviours caused by binge drinking

We still need to:

- explore the potential to introduce a food policy at Council.

To make sure we all work together, we have:

- worked with health providers to improve linkages using the secure messaging system
- promoted training opportunities across all networks
- delivered a range of business training opportunities including social media, business planning, customer service and marketing
- continued to support the recovery needs of bushfire affected communities
- completed and launched the State of Murrindindi's Children report
- worked collaboratively with Primary and Secondary schools to participate in the Resilient Youth Project
- supported the More than a Mural project in partnership with the Alexandra RSL and More Murals.