

Are you looking for some support? Murrindindi Shire Council's 'DindiLink' service has compiled the following guide to help connect you to the right organisations to help with your needs.

If you need any further assistance please feel free to contact our DindiLink team on 5772 0333.

COMMUNITY RADIO

UGFM

Tune in to Radio Murrindindi

- 106.9 Alexandra/Lake Eildon
- 98.9 Flowerdale/Hazeldene
- 94.5 Kinglake Ranges
- 98.5 Marysville/Lake Mountain
- 88.9 Yea/Highlands

COUNCIL SERVICES

Murrindindi Shire Council

5772 0333

murrindindi.vic.gov.au

Follow us on Facebook

@MurrindindiShireCouncil

COVID-19 updates are available at
murrindindi.vic.gov.au/Coronavirus

FINANCIAL SUPPORT

Commonwealth Government Financial Assistance Information

australia.gov.au

Goulburn Valley Community Legal Centre

5831 0900 / gvclc.org.au

Lawyers are available to provide free legal advice over the phone to anyone experiencing debt, family violence or another family law matter.

Nexus Primary Health Financial Counselling

5823 3200

nexusprimaryhealth.org.au

Nexus Primary Health Financial Counselling provides information, support and advocacy to assist people who are having difficulty with their finances. This service is free and available to all residents within Murrindindi Shire.

NILS (No Interest Loan Scheme Good Shepherd Microfinance)

13 64 57 / nils.com.au

NILS provide individuals and families on low incomes with access to safe, fair and affordable credit. Special COVID-19 no interest loans of up to \$3,000 towards rent and utilities can be accessed, repayable over 24 months.

Rural Financial Counselling Service (RFCS)

1300 045 747

RFCS provides our agricultural industries and small rural businesses with free and confidential financial support services.

Services Australia

13 24 68 / servicesaustralia.gov.au

Services Australia delivers government payments such as Centerlink and Medicare.

EMPLOYMENT

CVGT Australia Seymour and Alexandra Outreach

5823 3492 or 0428 357 545

cvgt.com.au

CVGT is for job seekers and employers.

Working for Victoria

vic.gov.au/workingforvictoria

For job seekers to find work, to access online training and for employers to find qualified workers.

HEALTH AND FAMILY SUPPORT

Alexandra District Health

0418 589 131 / alexandrahospital.org.au

Information on COVID-19 and a current testing clinic. We provide a range of inpatient (medical and surgical) and primary health services in Alexandra.

Alexandra Family Practice

5772 1699

alexandramedical.com.au

Alexandra Family Practise offers comprehensive health care for people of all ages, both family and individuals, with the emphasis on treating and preventing illnesses to promote healthy living.

Alexandra Medical Centre

5772 1444 / alexmedcentre.com

AMC aims to provide patients with comprehensive and thoughtful medical care for the benefit of each patient's health and wellbeing.

Carer Gateway

1800 422 737 / carergateway.gov.au

Services for anyone that gives carer support to another person, coaching, counselling, peer support, information and advice.

Department of Health & Human Services

dhhs.vic.gov.au/coronavirus

Marysville Medical Clinic

5963 3637

mmc@virtual.net.au

Marysville Medical Clinic offers comprehensive health care for people of all ages. Open on Tuesdays, Wednesdays and Thursdays.

Nexus Primary Health

Kinglake Clinic

1300 77 33 52 / nexusprimaryhealth.org.au

Nexus Primary Health provides a range of services including primary health care, counselling, allied health, and home based services.

SalvoCare- Northern Victoria

5735 8400

salvationarmy.org.au

SalvoCare provides a crisis service and a range of other services within the shire.

Yea & District Memorial Hospital

5736 0400 / yeahospital.org.au

Yea and District Hospital provides a range of high quality health services.

Yea Medical Centre

5736 0444

hotdoc.com.au to book online

The clinic has excellent access to allied health and pathology services, all co-located on the same site as Yea & District Memorial Hospital.

EMERGENCY DENTAL

Seymour Health

5793 6126 / dhsv.org.au

Seymour Health is part of the Seymour District Memorial Hospital and offers emergency dental services.

AGED AND DISABILITY SERVICES

Menzies Support Services

5772 1888

menziessupport.org.au

Meals on wheels, personal care, social support, shopping and much more.

Nexus Primary Health

1300 773 352

nexusprimaryhealth.org.au

Meals on wheels, personal care, social support, shopping and much more.

SCHOOLS AND EDUCATION

Department of Education Victoria

education.vic.gov.au

Education and training- Information, updates and advice.

HOUSING & ACCOMMODATION ASSISTANCE

Beyond Housing

1800 825 955 or 5735 2000

Free assistance to Murrindindi Shire residents who are homeless or at risk of homelessness.

SalvoCare - Northern Victoria

5799 2583 or 0409 812 159

salvationarmy.org.au

Call Jason for case management services and for those at risk of homelessness.

MENTAL HEALTH SERVICES

APMHA Healthcare Ltd

1300 514 811 / apmha.com.au

Primary Mental Health Clinical Care Coordination (PMHCC) APMHA provides intake, triage, secondary consultation and clinical and psychological services.

Goulburn Valley Health

1300 369 005 / gvhealth.org.au

Mental Health Service for any person requiring crisis support. Crisis Assessment Treatment 24 hours triage line Team (CATT)

Headspace

1800 650 890 / headspace.org.au

The Headspace Telehealth Service provides access to highly-skilled psychiatrists via video consultations for 12 - 25 year olds.

Wellways

5822 8600 / wellways.org

Psychosocial Recovery services for adults, one to one and group activities that support recovery for people with enduring mental illness.

CRISIS SUPPORT

24/7 telephone/online support services:

Beyond Blue

1300 224 636 / beyondblue.org.au

Kid's Helpline

1800 551 800 / kidshelpline.com.au

Lifeline

13 11 14 / lifeline.org.au

Men's Line Australia

1300 789 978 / mensline.org.au

Open Arms

Veterans and families counselling
1800 011 046 / openarms.gov.au

FAMILY VIOLENCE SERVICES

1800 Respect

1800 737 732

1800respect.org.au

Support if you, or someone you know, is experiencing sexual assault or domestic and family violence.

Domestic Violence Resource Centre Victoria

8346 5200 / dvrcv.org.au

A state-wide specialist family violence organisation.

Safe Steps family violence crisis line

1800 766 491 / safesteps.org.au

The 24-hour statewide Safe Steps family violence crisis response line is available.

The Orange Door (Goulburn)

1800 634 245/ orangedoor.vic.gov.au

A new pathway for families who are experiencing family violence. This is a free service and has a new office located in Shepparton.

FOOD RELIEF

Alexandra Community Hub

5772 1238

admn@alexhub.com.au

alexhub.com.au

Community Hub at Taggerty (CH@T)

0466 868 842

taggertychat@gmail.com

Embassy of Ideas

0422 225 801

embassyofideas@gmail.com

Flowerdale Community House

5780 2664

fch@fchadmin.com.au

Kinglake Ranges Neighbourhood House

5786 1301

admin@kinglakeranges.com.au

kinglakeranges.com.au

Kinglake West Food Share

5786 5661

SalvoCare- Northern Victoria

5735 8400 or 0429 513 002

salvationarmy.org.au

Call Sue to organise emergency food relief and services.

Yea Community House

5797 3070

info@yeahouse.org.au

yeahouse.org.au