



Book Review by Heather Fraser  
Prostate Cancer Strikes – Navigating the Storm  
Gogs Gagnon

The risk of getting Prostate Cancer by the age of 75 is 1 in 7.

In May 2016, my husband aged 59 was diagnosed with Prostate cancer and our lives were changed forever. Fortunately, due to early detection and immediate surgery, we are now over 3 years clear of cancer.

As a partner of a Prostate Cancer sufferer, I only wish I had the opportunity to read this book early after diagnosis. Gog's and Mary's experiences mirror many of ours.

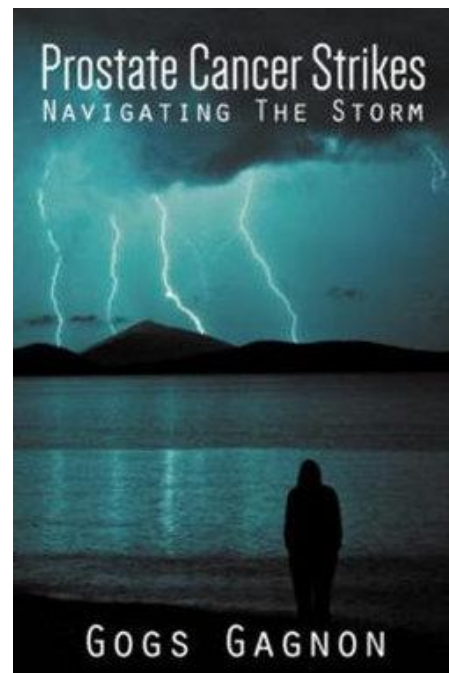
We would have been better prepared and perhaps less stressed about the future if we had had more information like this and such practical advice. Whilst our medical, nursing and ancillary team were brilliant, some things fell through the cracks.

This would be a very helpful read for all in the family after Prostate Cancer diagnosis.

Annual testing for Prostate Cancer – see your GP

- Aged over 40 with family history
- Aged over 50 every male.

GET TESTED



## **AGM March 17<sup>th</sup> 2020 6pm Library**

Please show your support and appreciation for the efforts of the Ron and his bookshop volunteers. Friends provide the extra funds and support Alexandra Library programs.

March 17<sup>th</sup> Friends of Alexandra Library AGM 6.00pm

**Presidents report 2019/20**

Thanks to all our committee members.

Thanks to Ron with his terrific volunteers raised funds through our bookshop.

Special thanks to our dedicated library staff.

Together with membership fees and bookshop profit we have given the sum of \$16,235.29 to **improve, enhance, promote the Alexandra Library** for the benefit of the community.

Major purchases have been the magazine display cases, two new couches, the defibulator and the curtains.= **\$6255.25**

This year we funded catering for on the couch, blokes night, acoustica, volunteer lunch, history cafe, guest speakers amounting to **\$4303.55**.

Library Programs = **\$4356.08** Big items in this category have been - Arnold Zable \$2,200.00, NAIDOC \$820.00, Taungurung Clans Aboriginal Corp \$459.53 The rest being for advertising.

Library Development = **\$485.80** Most of which is connected with Alexandra Newspapers

Library Literature Purchases = **\$834.61** Covering Publications/Magazines etc

**If anyone wishes to take on the role of President, newsletter producer and membership I would be extremely grateful.**

Tom Farrell President Friends of the Alexandra Library . March 17th 2020

**Renew membership at Alexandra Library.** Please complete the membership form and present to staff at Alexandra Library. You will be given a receipt for your \$5 annual membership. Forms available at library also.

**Friends of the  
Alexandra Library**

Member 2020 \$5

Second Member 2020 \$5

10 year membership \$50

**Also, I'd like give a donation to help Friends support library activities and projects**

\$5  \$10  \$50

*( thank you )*

NEW MEMBER / MEMBERSHIP RENEWAL FORM 2020

Membership is for calendar year.

**PLEASE PRINT**

Member Name: .....

Email Address:.....

Second Member: .....

Email Address: if different

.....

**The Friends of the Library - Alexandra will be formally opening the extensions to the Bookshop on Friday March 6 at 10am.**

This extension, at the rear of the Bookshop, is accessed through the existing building. It doubles the floor space available to display stock. It is currently being fitted out and already looks remarkable.

The **Bookshop** has been a great success for the library, the FOL and the community. It provides funds that allow the FOL to contribute to our libraries programmes and infrastructure. It has gone through many stages in its life starting on trestle tables selling unused library stock on the footpath outside the library to what it is now. Monies from its activities have provided many things including the automatic door at the library entrance. Other things include audio visual equipment, furniture (couches, display material and blinds), books and magazines and catering for events. It also funds the expenses associated with guest speakers. The Bookshop is a large contributor to our very successful local library and we believe this development will allow continuing and growing support.

There are many who have helped make this to happen. The owner of the property Noel Passenier saw the development as an investment opportunity and has worked closely with the bookshop co-ordinator, Ron Cooper and the bookshop volunteers to ensure the extension is suitable for purpose, Ron and his volunteers helped in this whilst continuing serving the public during the sometimes disturbing development. There were community members who also made contributions in many ways such as providing toilet facilities. The FOL committee would like to thank these people for their assistance.

We, the proud FOL committee, would like you our community to come in see what has been done for our community and hopefully make a purchase.

**Library hours same as Yea and Kinglake:  
February 24 for a few weeks. 9-5 Monday to Friday, 6-8  
Tuesday , Saturday 9-30 to noon.**

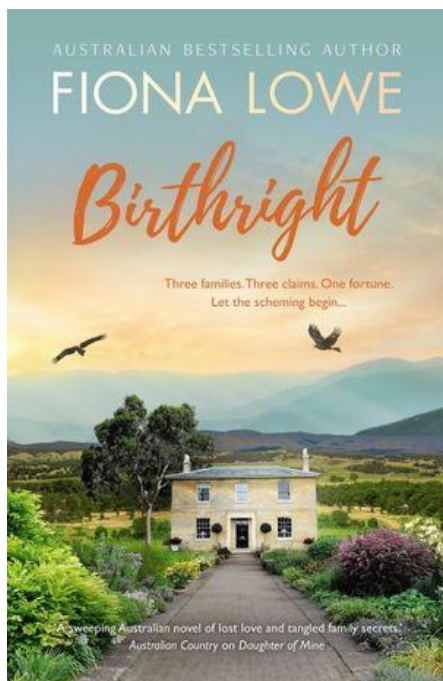
Thought you might be interested to learn that we are extending the Alexandra library hours for about three weeks, starting on 24 February. We are doing some refurbishment works to the entrance at the Council office reception, so the reception area itself will be closed. We will be offering Council's customer services at the Alex Library instead, and extending the hours to 9-5 five days per week (plus 6-8pm on Tuesdays and the usual Saturday morning hours) during the works period.

We will revert to the current hours after these works are complete, but anticipate beginning our library service review later this year, when we will consider hours and a range of other matters relating to our library service delivery.

**The extended opening period starting this month will serve as a useful trial to see how it goes.**

**Jacqui Rabel Manager Customer Experience, P: (03) 5772 0354**

**M: 0459 224 314 E: [jrabel@murrindindi.vic.gov.au](mailto:jrabel@murrindindi.vic.gov.au)**



Book review by Sally Dean  
Birthright by Fiona Lowe

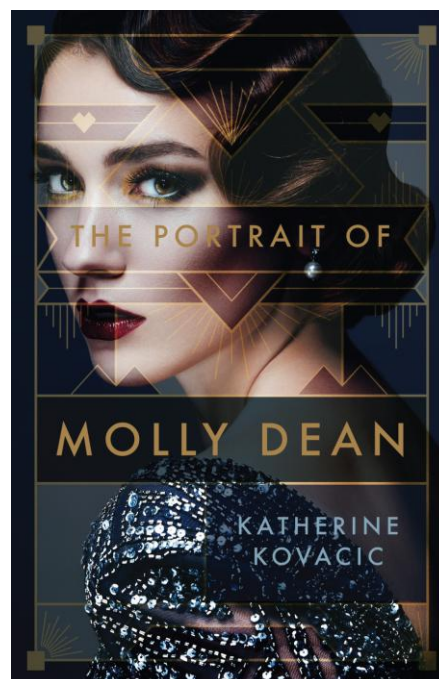
A family saga. A story of betrayal, deceit and secrets, with a wealthy matriarch at the head. Inheritance. Is it a right or a gift? Dementia. How does one pick up that an elderly relative is touched by this. Sibling rivalry plays a part in the story. How the issues in childhood, can colour adult relationships. I read this in 2 days, as it was hard to put down. I anticipated various scenarios, but got them wrong, mostly. I couldn't predict what was going to happen, so I was left satisfied

**Our Tuesday talk is on Tuesday 31<sup>st</sup> March 6:30pm.**

Katherine Kovacic is the author

Katherine Kovacic is a former veterinarian turned art historian who works with a wide variety of museums, galleries and historic houses. She lives in Melbourne with a Borzoi and a Scottish Deerhound. The Portrait of Molly Dean was her debut novel and the first Alex Clayton art mystery. Based on the Melbourne Cold case of Molly Dean. Her follow up was titled Painting in the shadows

Her latest release will be launched in early April and Alex Library will get a sneak peek at her new book.



**MARCH**  
CALENDAR OF EVENTS

3	On the Couch	Book reviews, snacks, wine and much laughter	6pm
4	Baby Rhyme Time	Songs and nursery rhymes for babies 0 - 18 months	10am
5	Tech Talk and e-Library	BYO (charged) device, login and password	10am
5	Stories for the very young	Story reading and free play	11am
10	Ukulele Heaven	Beginners welcome, ukes available	6pm
11	Baby Rhyme Time	Songs and nursery rhymes for babies 0 - 18 months	10am
12	Murrindindi Writers	All aspiring writers welcome	10am
12	Stories for the very young	Story reading and free play	11am
17	Friends of the Library AGM	Annual General Meeting	6pm
19	Storytime with Structure	Songs, stories and rhymes	11am
24	4F	Fun, Friends and Food, Fantastic after-school activities	3.45 - 4.45pm
24	Blokes' Night	Drinks and a yarn with mates (bring a mate!)	6.30pm
26	Murrindindi Writers	All aspiring writers welcome	10am
26	Stories for the very young	Story reading and free play	11am
27	Acoustica	Live music at lunchtime, featuring local musicians	12.30pm
31	Tuesday Talk	Amazing tales from Katherine Kovacic (Author)	6.30pm

**WEEKLY EVENTS**

Bridge	Mondays	2pm-5pm	New players and beginners welcome
Scrabble	Fridays	2pm-4pm	New players and beginners welcome
Knitting and Crochet	Fridays	2pm-4pm	Learners of all ages welcome

**UGFM RADIO LIBRARY HOUR**

Tune in and let our charming library staff entertain you with interviews, music, reviews and chat at 10am on every second Friday.