

**Murrindindi Municipal Public Health and Wellbeing Plan  
2017-2021**

**Annual Implementation Plan 2017-2018**

**External Actions - Progress Report**

The development of the Health and Wellbeing Plan 2017 – 2021 has focused on aligning health and wellbeing priorities to the Council Plan 2017-2021. This integration drives a focus on health and wellbeing across the Shire and strengthens the mandate for health and wellbeing action. The Health and Wellbeing Plan is developed collaboratively with all Council departments, community advisory groups, organisations, individuals and service providers.

The following report details progress made against actions of the Health and Wellbeing Plan including where there are external reporting partners.

**Partners to this plan include:**

- Alexandra District Health
- Yea and District Memorial Hospital
- Nexus Primary Health
- Lower Hume Primary Care Partnership
- Dame Pattie Menzies Centre Inc.
- Family Care
- Berry Street
- Rural Housing Network
- CEACA
- Yea Community House
- Flowerdale Community House
- Kinglake Ranges Neighbourhood House
- Toolangi Castella Community House
- Ellimatta Youth
- Kellock Lodge
- Darlingford Nursing Home
- Pre-schools, Primary and Secondary Schools
- Taungurung Clans Aboriginal Corporation
- Valley Sport
- Victoria Police

# OUR PROMISE

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Our Promise comprises of a set of guiding values that will direct the work of partner agencies as we work collectively to support the health and wellbeing of the communities and residents in Murrindindi Shire.

As partners to the Health and Wellbeing plan we commit to:

1. Collaborate: Work together and coordinate our efforts to improve health and wellbeing with the community.
2. Innovate: Develop and trial new ideas and create innovative solutions to health and wellbeing priorities.
3. Communicate: Ensure our communities are aware of and involved in creating and supporting programs that meet their needs.
4. Participate: Commit to delivering and monitoring the actions in the Health and Wellbeing Plan 2017-2021.

# OUR PEOPLE

## STRATEGIC OBJECTIVE 1:

# TOGETHER WE WILL CELEBRATE AND ENCOURAGE DIVERSE, CARING AND CONNECTED COMMUNITIES.

### Strategy 1.1 – Encourage activities and events that celebrate our vibrant, diverse and creative people and communities

**Indicator:** DHHS Victorian Population Health Survey – COMMUNITY & CIVIC ENGAGEMENT - Proportion of adults who attended a local community event

Actions	Key focus area	Progress comments	Responsibility	Achieved/ Achieved in part / Not achieved	Year
<p><b>1.1.1 Promote more community celebrations</b></p> <p><b>Progress measure:</b> Number of events delivered</p> <p>Number of community grant applications funded</p> <p>Number of events delivered in partnership</p>	Support and deliver events that celebrate our diverse communities	<p>A large range of events have been initiated and supported by partners of the Murrindindi Shire Health and Wellbeing Plan including:</p> <ul style="list-style-type: none"> <li>- International Day of People with a Disability at Buxton Primary School (Nexus and Murrindindi Shire Council)</li> <li>- All Abilities Day at Alexandra Secondary School (Nexus)</li> <li>- Events associated with Aboriginal Health and Wellbeing Project (LHPCP)</li> <li>- ELF Reading Day (Murrindindi Shire Council and Primary Schools and early years' services)</li> <li>- Get Fit and Active Days at Alexandra Secondary College (Valley Sport)</li> <li>- Seniors Week events and the 90 Up Civic Reception (Murrindindi Shire Council)</li> </ul>	<p><b>MSC Community Services</b></p> <p>All Services</p>	Achieved	1-4

		<ul style="list-style-type: none"> <li>- Movie Days out (Darlingford Nursing Home)</li> <li>- Youth Art Show (Ellimatta)</li> <li>- Community celebration for 100 birthday celebrations for 2 local Yea residents (Yea and District Memorial Hospital)</li> </ul>			
	Promote the Community Grants Program as a means to encourage more events	<p>Murrindindi Shire Council has supported 6 organisations through the Community Grants Program to run cultural projects and events and community gatherings.</p> <ul style="list-style-type: none"> <li>- Yea Bowls Club Skins Open Tournament</li> <li>-Firefoxes Women's Forum</li> <li>-Bakers Lane Beasties</li> <li>-Cafe Culture Series (4 events)</li> <li>-Fat Tyre Flyers Mountain Bike event</li> <li>-Y Water Centre Aboriginal Arts Project</li> </ul>	<b>MSC Community Services</b>	Achieved	1-4
	Develop key community partnerships to support planning of celebrations	<p>There have been a number of celebrations that have strengthened partnership between organisations and community groups to support planning and delivery of celebrations including:</p> <ul style="list-style-type: none"> <li>- 90 Up Civic Reception</li> <li>- International Day of People with a Disability</li> <li>- FReeZA events throughout the year.</li> <li>- ELF Reading Day</li> <li>- Planning for commemoration of the 10 Year Anniversary of the 2009 Bushfires</li> </ul>	<p><b>MSC Community Services</b></p> <p>All Services</p>	Achieved	1
<b>1.1.2 Lead and support creative and cultural activities</b>	Explore the potential for a Murrindindi arts network to connect and showcase our artistic and creative people	There has been no action to date on this key focus area.	<b>MSC Community Services</b>	Not achieved	1
<b>Progress measure:</b> Undertake performing arts project in Yea – number of participants.  Number of arts and	Actively link young people to performing arts	<p>Performing Arts was a big focus of a number of activities for young people on offer in the last 12 months including:</p> <ul style="list-style-type: none"> <li>- Workshops conducted at Yea High School in collaboration with theatre group Yappers” engaging 25 young people each week for five weeks.</li> <li>- Weekly Youth Drama group established in March from Pioneer Reserve Hall, engaging</li> </ul>	<b>MSC Community Services</b>	Achieved	1

<p>cultural activities delivered.</p> <p>Number of people attending arts and cultural events</p> <p>Number of events promoted through Council communication channels</p> <p>Increase in number of events listed on Council's event portal</p>		<p>6-15 young people each week.</p> <ul style="list-style-type: none"> <li>- A Regional Arts Victoria Grants Writing Workshop was conducted by Ellimatta Youth.</li> <li>- Two school holiday activities focusing on performing arts with the Polyglot theatre group were delivered to 20 young people.</li> </ul>			
	Promote and enhance opportunities for community involvement in arts and cultural activities	<p>Murrindindi Shire Council Youth program officers used art therapy to support young people with personal development and anxiety related issues.</p> <p>Murrindindi Shire Council has worked collaboratively with the Marysville and Triangle communities to project manage the development of the Marysville Information and Regional Artspace.</p> <p>Kinglake Ranges Neighbourhood House has expanded the makerspace program and installed a kiln. The space is operating three days per week.</p> <p>Ellimatta and Council worked with young people to deliver the annual art showcase event in Kinglake involving 25 young people displaying their art. 60 people attended to enjoy the exhibition and musical performances.</p> <p>Ellimatta and Council worked with young people to deliver open mic monthly events in Kinglake. 75 young people have been involved through attending, performing and/or supporting the program.</p>	<p><b>MSC Community Services</b> Community and Neighbourhood Houses MSC Library Services</p>	Achieved	1-4
	Support the promotion of arts and cultural events, programs and activities.	Murrindindi Shire Council has maintained the Murrindindi Shire events calendar showcasing arts and cultural activities and continues to promote events via social and print media and on local radio.	<p><b>MSC Community Services</b> MSC Communication Department</p>	Achieved	1-4
	Promote existing events portal and community directory on	5 website drop-in sessions were held during May and June in Alexandra, Eildon, Kinglake, Marysville	<p><b>MSC Communication</b></p>	Achieved	1

	Council website and provide training to encourage greater participation.	and Yea. The sessions stepped community groups and event organisers through the process of listing on Council's online event calendar and community directory. A total of 17 people attended.	<b>Department</b> MSC Community Services		
<b>1.1.3 Strengthen our relationship with local Aboriginal communities</b>	Recognise and include Aboriginal culture as part of Council initiated events (Children's Week, ELF reading day)	Taungurung Clan Elder, Aunty Lee Healy attended ELF Reading Day and children's week story time activities to share local Taungurung Stories.	<b>MSC Community Services</b>	Achieved	1
<b>Progress measure:</b> Number of activities and events where Indigenous culture was a focus.	Celebrate Aboriginal stories and history through Council communication channels	Murrindindi Shire Council promoted Reconciliation Week and NAIDOC Week events through Council Facebook pages and media releases were distributed encouraging awareness and participation in these events.	<b>MSC Communications Department</b>	Achieved	1
Number of joint initiatives undertaken with Aboriginal communities	Strengthen our relationship through joint initiatives with the Aboriginal Community	<p>Murrindindi Shire Council worked with the Taungurung Clans Aboriginal Corporation to develop and launch the Taungurung Early Years Language Cards in July. The cards and associated education packs were distributed to all libraries, primary schools and early years' services across Murrindindi Shire.</p> <p>FamilyCare worked in partnership with Rumbalara Co-operative to provide Aboriginal Family services within the Lower Hume region.</p> <p>Ellimatta Youth engaged two placement students who are Aboriginal to run Indigenous art session for young people.</p> <p>Lower Hume Primary Care Partnership through the Aboriginal Health &amp; Wellbeing Project promoted the:</p> <ul style="list-style-type: none"> <li>- Availability of the Taungurung Clans Acknowledgement to Country plaques to all networks.</li> <li>- Taungurung Clans newsletter.</li> <li>- New Rumbalara Aboriginal Outreach Service model for Lower Hume.</li> </ul>	<b>MSC Community Services</b> LHPCP Alexandra District Health Family Care	Achieved	1-4

	Support and promote Koolin Balit Aboriginal Health and Wellbeing Project and other health initiatives including 'Road to Good Health' and 'My Health Goals'	<p>The Aboriginal Health &amp; Wellbeing Project:</p> <ul style="list-style-type: none"> <li>- Co planned and coordinated with ADH an Aboriginal Health Expo; health screening; Aboriginal service provider reps attended to link in with community and local workers.</li> <li>- Promoted Rumbalara Mobile Dental visit for Aboriginal community to all my networks.</li> <li>- Promoted Optometrist visit for Aboriginal community to all my networks.</li> </ul> <p>The Taungurung Language App and health information and events have been widely promoted by Murrindindi Shire Council via Facebook and through community and professional networks.</p>	<p><b>LHPCP</b> MSC Community Services Alexandra District Health Yea Memorial Hospital Nexus Primary Health</p>	Achieved	1-4
	Raise community awareness of significant cultural dates (NAIDOC week, Reconciliation week)	<p>A number of NAIDOC week activities were supported and attended by partner agencies including:</p> <ul style="list-style-type: none"> <li>- NAIDOC week morning tea – Alexandra District Health</li> <li>- Children's activities and stories – Family Day Care, Murrindindi Shire Council</li> <li>- Y Water Centre and Taungurung Clans Aboriginal Corporation NAIDOC event supported by the Murrindindi Shire Council Business and Tourism Grant Program.</li> <li>- NAIDOC week events at Goranwarrabul House – FamilyCare</li> </ul> <p>All partners reported supporting and promoting NAIDOC week and Reconciliation week through a range of media and network channels.</p>	<p><b>MSC Community Services</b></p> <p>All partners</p>	Achieved	1-4
<b>1.1.4 Use our library facilities and programs to connect and celebrate communities</b>	Collaborate with schools and community to encourage greater participation in library programs and activities	The library continues to work closely with school including regular visits from a number of schools, Buxton, Alexandra, St Marys, Yea and Toolangi. Staff work at connecting with the students through programs or showcasing library material. Schools that are too far from the library are offered a book drop off service.	<b>MSC Library Services</b>	Achieved	1



<b>Progress measure:</b> Number of events and initiatives engaging schools  Number of library memberships  Number of people using the mobile library service	Explore interest in establishing new 'Friends of the Library' groups in the Shire	A new group in Kinglake has been formed with a small number of members. There is a relationship with the Book Nook in Marysville to work together to present programs in Marysville.	<b>MSC Library Services</b>	Achieved	1
	Re-establish and extend outreach programs and other Council services delivered by the Mobile Library, including to three new Mobile Library stops	<p>The new mobile customer service and library service was delivered, enhancing the opportunities from smaller communities to participate in library services and access key Council services in their townships.</p> <p>There are regular outreach services to housebound patrons in Yea, Alexandra and Eildon. On the Couch also known as Page Turners is an outreach program run by staff to enhance access and engagement with the library collection. The evenings are held at all library branches and mobile library stops.</p>	<b>MSC Library Services</b>	Achieved	1

**Strategy 1.2 - Work with community and groups to connect, collaborate and plan for our future.**

**Indicator:** DHHS Victorian Population Health Survey

- SOCIAL & CIVIC TRUST - Do not feel there are opportunities to have a real say on important matters
- COMMUNITY & CIVIC ENGAGEMENT - Proportion of Victorian adults who did not volunteer

Actions	Key focus area	Progress comments	Responsibility	Achieved/ Achieved in part / Not achieved	Year
<b>1.2.1 Help local communities plan for their future</b>  <b>Progress Measure:</b> Community planning framework developed	Design a Community Planning Framework in partnership with the community	The Towards 2030 - Planning our Future initiative has progressed well over the past 12 months. An expression of interest process was completed to establish Community Working Groups across Murrindindi Shire to co-produce a community planning framework. 8 Workshops were held and a draft framework has been developed in preparation for a community planning trial in several locations across the Shire.	<b>MSC Community Services</b>	Achieved	1
	Support communities to plan for	Murrindindi Shire Council has worked with	<b>MSC</b>	Achieved	1-2

	the 10-year anniversary of the 2009 bushfires	Community and Neighbourhood Houses, the Community Foundations, community groups and health services to support the planning for events commemorating the 10-year Anniversary of the 2009 Bushfires. Council is also working with government and community organisations to advocate for the ongoing recovery needs (including mental health support) of bushfire affected communities.			
<b>1.2.2 Strengthen community, sport and recreation groups</b>  <b>Progress Measure:</b> Number of workshops delivered to sporting clubs and groups  Use of social media to promote clubs and recreation opportunities	Collaborate with government, sporting assemblies and peak bodies to improve sporting and recreation opportunities and facilities	Murrindindi Shire Council officers have provided infrastructure and operational support to 6 clubs. Valley Sport via funded programs have been supportive partners in this work.	<b>MSC Community Services</b>	Achieved	1-4
	Improve coordination and collaboration of Council support to all community groups	Initial planning has begun to streamline and coordinate support provided to community groups and sporting clubs particularly in relation to support better management of capital and maintenance work to assets.	<b>MSC Community Services</b> MSC Business Services MSC Infrastructure Assets	Achieved in part	1
	Work with community sport and recreation groups to improve their capacity and sustainability through programs and training	Murrindindi Shire Council officers have supported 3 clubs in preparation for infrastructure related grant submissions to Sport and Recreation Victoria grant programs.  Valley Sport has: <ul style="list-style-type: none"> <li>- directly supported 15 different sporting clubs with their operations, capacity &amp; sustainability since September 2017.</li> <li>- provided letters of Support &amp; Grant Assistance provided to clubs as requested for projects &amp; programs</li> <li>- supported 1 club to become accredited for Good Sports, a further 4 clubs are awaiting accreditation approvals for the 18 – 19 financial year</li> </ul>	<b>Valley Sport</b> Nexus Vic Pol MSC Community Services	Achieved	1-4
	Promote local clubs and recreation opportunities	The Ellimatta Kinglake Fun Run, supported by Murrindindi Shire Council attracted 150 participants, including 50 extra attendees from	<b>MSC Community Services</b> Community and	Achieved	1-4

		<p>the previous year's event.</p> <p>Murrindindi Shire Council's Community Grant program provided grants to 4 sporting clubs and recreation groups to support improved infrastructure, increased participation and sustainability.</p> <p>Local exercise groups and recreation opportunities are regularly promoted through community and neighbourhood houses, residential aged care facilities and community health services.</p>	Neighbourhood Houses		
<p><b>1.2.3 Promote and encourage volunteering</b></p> <p><b>Progress measure:</b> Number of new volunteers engaged by Council</p>	Investigate collaborative approaches to volunteer recruitment, engagement and training	<p>Murrindindi Shire Council has worked with Kinglake Ranges Neighbourhood House to explore the broader application of the Volunteer Murrindindi website.</p> <p>Kinglake Ranges Neighbourhood House received a grant to support volunteer training in mental health support and family violence.</p>	<p><b>MSC Community Services</b> Kinglake Ranges Neighbourhood House</p>	Achieved	1
<p>Number of people accessing Volunteer Murrindindi</p> <p>Celebration / events jointly held</p>	Coordinate volunteer celebration and acknowledgement events	Organisations held a number of events held to celebrate the contribution of volunteers across the Shire including International volunteer day celebrations, volunteer lunches and acknowledgement certificates and badges.	<p><b>MSC Community Services</b> Kellock Lodge Alexandra District Health Community and Neighbourhood Houses</p>	Achieved in part	1
	Introduce new volunteer opportunities to support delivery of Council's Community Services	Five new community volunteers were engaged to support community friendly visiting program and transport to local medical appointments.	<b>MSC Community Services</b>	Achieved	1-2
	Promote volunteering and support groups to recruit and support volunteers	Valley Sport have directly supported 15 different sporting clubs with their operations, capacity & sustainability since September 2017 including supporting and maintaining strong volunteer bases.	<p><b>MSC Community Services</b> Valley Sport Kinglake Ranges Neighbourhood House</p>	Achieved	1-2

		Kinglake Ranges Neighbourhood House continued to promote and support the Volunteer Murrindindi website to community groups and the broader community.			
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**Strategy 1.3 - Work with Partner agencies to ensure people of all ages can access the health and community services they need.**

**Indicator:** DHHS Victorian Population Health Survey – HEALTH & WELLBEING - Self-reported health status - Fair/poor  
 – FRUIT & VEG CONSUMPTION - Did not meet dietary guidelines for either fruit or vegetable consumption  
 – PHYSICAL ACTIVITY - Insufficient time and sessions  
 – BODY WEIGHT STATUS - People reporting pre-obese (overweight) or obese

VicHealth Indicators Survey – GENERAL WELLBEING – Subjective wellbeing  
 Australian Early Development Census (AEDC) data

Actions	Key focus area	Progress comments	Responsibility	Achieved/ Achieved in part / Not achieved	Year
<b>1.3.1 Encourage provision of services that meet community needs.</b>	Coordinate professional development and community information sessions on priority issues	The Murrindindi Children’s Network held their Annual Conference held 3 May 2018 with over 70 delegates from across the Shire attending.	<b>MSC Community Services</b>	Achieved	1
<b>Progress Measure:</b> Number of professional development / community information sessions conducted.  Number of advocacy activities undertaken.  Number of community engagement activities undertaken.	Advocate for flexible and equitable delivery of services, including medical and specialist services across Murrindindi Shire	A range of activities have been undertaken to improve access and flexibility of services to meet the needs of communities. Examples include: <ul style="list-style-type: none"> <li>- Murrindindi Shire Council submitted to the “Accessibility and quality of mental health services in rural and remote Australia” to the Senate Standing Committee on Community Affairs. The Standing Committee has accepted the submission and is still compiling its report.</li> <li>- A roundtable meeting was held in Kinglake including services, community groups and representatives to collect information to advocate on mental health needs to support the ongoing recovery of</li> </ul>	<b>All services</b>	Achieved	1-4

		<p>the community.</p> <ul style="list-style-type: none"> <li>- Nexus have increased access to podiatry services in Kinglake and Alexandra including the purchase of new equipment to better meet client needs.</li> <li>- The Nexus supported LGBTI+ Support group commenced rotating locations including Kinglake.</li> <li>- FamilyCare provided transport for clients to access specialist services outside of the Shire and continue to advocate for individuals as part of their support.</li> </ul>			
	<p>Ensure services are welcoming, inclusive and accessible to all people in Murrindindi Shire</p>	<p>All services reported a key focus on accessibility and inclusivity for all including adopting a no wrong door approach to supporting people to get to the services they needed. Many funded services undertake 3 yearly accreditation including assessment against accessibility and flexibility of service provision.</p> <p>Particular examples of the work undertaken in the past 12 months includes:</p> <ul style="list-style-type: none"> <li>- Development and implementation of the Lower Hume Diversity plan, coordinated by Lower Hume Primary Care Partnership and partner agencies. partner agencies have conducted self-audits and developed individual action plans to address accessibility gaps.</li> <li>- Community and Neighbourhood Houses have undertaken accessibility audits to support diverse, inclusive and accessible services.</li> <li>- Nexus Primary Health Kinglake site has been assessed for disability access and is inclusive of LGBTI, First Nations Peoples, CALD and other diverse communities.</li> <li>- Murrindindi Shire Council coordinates the Access and Inclusion Committee and</li> </ul>	<p><b>All services</b></p>	<p>Achieved</p>	<p>1-4</p>

		supports activities that promote access and inclusion for all. Initial connection with the Ethnic Council of Victoria has been made with further planning taking place to expand work on engaging people from a range of CALD communities.			
	Engage with the community to understand their needs and priorities.	<p>A range of community engagement activities were reported by all services. some key examples include:</p> <ul style="list-style-type: none"> <li>- Murrindindi Shire Council conducted 4 sporting and recreation based consultations; 6 youth consultations; and a number of place based consultations to support planning and project design to better meet the needs of the community.</li> <li>- The Kinglake Early Years Services network undertook a number of community conversations in the Kinglake Ranges area to identify community needs and support future planning.</li> <li>- Alexandra District Health and Yea Memorial Hospital undertook extensive community consultations to develop their respective Clinical Services Plans.</li> <li>- Darlingford Nursing Home sought feedback from residents, relatives and volunteers via surveys and consultations.</li> <li>- A number of surveys have been conducted within bushfire affected communities to support planning for the 10-year anniversary of the 2009 bushfires including in Marysville and Triangle communities and in Toolangi.</li> </ul>	<b>MSC Community Services</b> All services	Achieved	1
	Work together to promote services available.	All partners reported working collaboratively to promote and cross promote services and programs available in Murrindindi Shire. Key examples of initiatives that have supported available information and promotion of services	<b>MSC Community Services</b> All services	Achieved	1-2

		<p>include:</p> <ul style="list-style-type: none"> <li>- Murrindindi Shire Council developed of the Age Friendly Communities service map for Murrindindi for use by Community and Neighbourhood Houses to inform and refer community members.</li> <li>- Murrindindi Children's Network Facebook page regularly promotes and cross promotes information for parents and children.</li> <li>- Yea Hospital works within the 'Interconnect program' with GV Health which aims at linking services to people across service boundaries.</li> </ul>			
<p><b>1.3.2 Strengthen local aged and disability services.</b></p> <p><b>Progress measure:</b> Number of collaborative projects to support Aged Service delivery</p> <p>Complete scoping study of industry training needs</p>	<p>Coordinate the Murrindindi Aged and Disability Service Providers Network</p>	<p>The Aged and Disability Service Providers Network has continued to meet and work collaboratively to identify and address key challenges and opportunities resulting from Federal Government Aged Care and Disability reform. An initial scoping project has been completed on workforce requirements. This has assisted the Network to develop a full application for funding through the Workforce Training and Innovation Fund for the development and trial of a new collaborative workforce model.</p>	<p><b>MSC Community Services</b></p>	<p>Achieved</p>	<p>1-2</p>
	<p>Begin planning review of Council's Aged and Disability Services</p>	<p>The review of Murrindindi Shire Council's Aged and Disability Services has begun. Staff and Community consultations are being planned as a major focus for the review.</p>	<p><b>MSC Community services</b></p>	<p>Achieved</p>	<p>1</p>
	<p>Identify opportunities to strengthen and sustain local service delivery</p>	<p>A number of projects and initiatives have been undertaken to strengthen and sustain local service delivery including:</p> <ul style="list-style-type: none"> <li>- Nexus collaborating with Community and Neighborhood Houses to undertake accessibility audits and identify and deliver access improvements including</li> </ul>	<p><b>MSC Community Services</b> Dame Pattie Menzies Centre Inc. Alexandra District Health Yea and District Memorial Hospital</p>	<p>Achieved</p>	<p>1-2</p>

		<p>training and facility improvements.</p> <ul style="list-style-type: none"> <li>- Toolangi Castella Community House utilized Age Friendly Communities funding to bring visiting medical service providers to Toolangi including bone density testing and ear and eye testing.</li> <li>- The Murrindindi Aged and Disability Service Providers Network worked on a joint Workforce Development Project funded through the Workforce Innovation and Training Fund. The initial scoping of the project has been completed including staff workshops and model development. The project has been led by Menzies Support Services and supported by Murrindindi Shire Council, Uniting, Alexandra District Health, Yea and District Memorial Hospital, Kellock Lodge, Darlingford Nursing Home and Goulburn Valley Health.</li> <li>- Yea and District Hospital worked in partnership with Podiatry services to create a shoe safety display to create awareness and promote local service availability.</li> </ul>	<p>Kellock Lodge Darlingford Nursing Home Community and Neighbourhood Houses Valley Sport</p>		
	<p>Build capacity of staff and the community to prepare for the Aged Care and Disability Services reforms</p>	<p>A number of service providers began planning for community information sessions to support planning for NDIS and ongoing Aged Care reform including Menzies Support Services, Murrindindi Shire Council, Nexus Primary Health in partnership with VALID and Amaze.</p> <p>Valley Sport have worked with disability providers to ensure physical activity opportunities maintain accessible throughout the roll out of new reforms.</p> <p>Darlingford Nursing Home have engaged an Occupational Therapist (NDIS trained) to undertake home assessments.</p>	<p><b>Murrindindi Shire Council</b> Menzies Support Centre Nexus Valley Sport Darlingford Nursing Home</p>	<p>Achieved</p>	<p>1-2</p>



	<p>Work to sustain relevant roles and programs</p>	<p>Kinglake Ranges Neighbourhood House, Toolangi Castella Community House, Flowerdale Community House, Yea Community House and CEACA have signed an MOU with Nexus to operate under best practice access and equity guidelines.</p> <p>Nexus received funding to improve support to and sustainability of Speak Up Alexandra. the development of a steering committee is in progress. Speak Up Alexandra members have attended Victorian Self Advocacy Network, spoken to a local member and have attended many self-advocacy events.</p> <p>Toolangi Community House is working more closely with Murrindindi Shire Council and Nexus on programs to enhance the wellbeing of residents. Working in partnership with the Toolangi Forest Discovery Centre to deliver training programs (Barista and Food Handling) and whole of community events, such as the community dinner and film nights.</p>	<p><b>Nexus</b>  MSC Community Services  CEACA  Yea Community House  Flowerdale Community House\  Toolangi Castella District Community House  Kinglake Ranges Neighbourhood House</p>	<p>Achieved</p>	<p>1</p>
<p><b>1.3.3 Promote programs that encourage active lifestyle and access to healthy food</b></p> <p><b>Progress measure:</b>  Number of events, initiatives delivered.</p>	<p>Support and deliver events, education and initiatives focusing on active living, healthy eating accessibility and affordability</p>	<p>A range of programs and events were delivered that focused on active living and accessible, affordable and healthy eating. Some key initiatives included:</p> <ul style="list-style-type: none"> <li>- Ellimatta &amp; Murrindindi Shire Council delivered 6 events with an active living focus that engaged 45 young people and 125 adults including the Kinglake Fun Run, healthy eating and cooking and School Holiday programs.</li> <li>- Lower Hume Primary Care Partnership in collaboration with Deakin University, Vic Health, DHHS, Alexandra District Health, Yea and District Memorial Health and Nexus Primary Health have secured funding to deliver the RESPOND program. RESPOND will a conduct</li> </ul>	<p><b>LHPCP</b>  Community and Neighbourhood Houses  Valley Sport  Alexandra District Health  Yea and District Memorial Hospital  Nexus</p>	<p>Achieved</p>	<p>1-4</p>

		<p>systems thinking approach to support healthy eating and physical activity in children. Murrindindi Shire has been selected to be one of the first LGA's to roll out the community workshops.</p> <ul style="list-style-type: none"> <li>- The Lower Hume Primary Care Partnership Prevention Collaborative hosted a presentation on Dad's impact on Kid's health by Deakin PHD researcher, along with Engaging Vulnerable Families workshop. There were 15 attendees, from 11 organisations.</li> <li>- Murrindindi Shire Council delivered the Walk to school program, 6 schools participated in the program delivering events that promoted physical activity and healthy eating.</li> <li>- Toolangi Castella Community House had a food swap at Toolangi Castella Community Garden on the last Sunday of each month. Programs promoting use of fresh produce and physical activity were also delivered including workshops on growing your own food and cookery, personal training, Pilates, Yoga, Badminton, strength and stretch classes.</li> <li>- Kinglake Neighbourhood House provided the Winter Warmers program and food share program.</li> <li>- Valley Sport delivered and promoted Get Fit Get Active Days (in partnership with Nexus and Menzies Support Services), the Good Sports Program and Healthy Fridges Initiatives</li> </ul>			
	<p>Create health supporting environments where people live, work and plan via evidence based, community led initiatives</p>	<p>Community and Neighbourhood Houses have implemented a range of programs to support participation in the community for older people.</p> <p>Ellimatta has worked closely with local schools</p>	<p><b>LHPCP</b> Alexandra District Health Yea and District Memorial Hospital</p>	<p>Achieved</p>	<p>1-4</p>

		to support positive mental health and resilience.	Nexus		
	Increase community capacity and participation in the implementation of the systems process in Lower Hume, including forums and development of community action plan	LHPCP and active partners Nexus Primary Health, Yea and District Memorial Health, Alexandra District Health are working collaboratively on the RESPOND program to address issues and promote healthy eating and physical activity in children. RESPOND funding has been approved in partnership with Deakin to conduct systems thinking for healthy eating and physical activity. stakeholder engagement has commenced and training is being planned for the 2018-19 year.	<b>LHPCP</b> Alexandra District Health Yea and District Memorial Hospital <b>Nexus</b>	Achieved	1
	Promote initiatives and programs funded to deliver healthy eating and physical activity services to Murrindindi Shire	All services played a role in promoting and cross promoting healthy eating and physical activity initiatives through print and social media, websites and newsletters.	<b>All services</b>	Achieved	1-4
<b>1.3.4 Support healthy and happy children and families</b>	Progress the Children's Physical Health and Wellbeing initiative through the Murrindindi Children's Network	The Murrindindi Children's Network is continuing to review the Children's Physical Health and Wellbeing Initiative however further progress is on hold awaiting updated AEDC data. the Murrindindi Children's Network and Murrindindi Shire Council will be supporting the RESPOND program.	<b>MSC Community Services</b>	Achieved in part	1-2
<b>Progress measure:</b> Number of children receiving HBCC					
Number of school holiday programs and people attending	Support the delivery of high quality, flexible child care and children's services across Murrindindi	Murrindindi Shire Council has been successful in receiving a grant to develop a specific program to attract and recruit Family Day Care educators to meet unmet child care demand in the area.  Council has implemented the Facilitated Playgroup program and delivered a program in Kinglake, based at the Kinglake Ranges Neighbourhood House. Planning for a Bush Playgroup program in Buxton has begun.	<b>MSC Community Services</b> Elimatta Flowerdale Community House	Achieved	1-4
Benchmarks are achieved in the Victorian Healthy Achievement Program – Mental Health category					
	Support and promote the delivery of family support	A range of family support services have been delivered in Murrindindi Shire including:	<b>Familycare</b> Nexus	Achieved	1-4

	<p>services across Murrindindi</p>	<ul style="list-style-type: none"> <li>- Individual case management and parenting support and Child FIRST programs through FamilyCare</li> <li>- Mens Behavioural Change programs through Nexus Primary Health.</li> <li>- Child FIRST and Nexus have developed a close working relationship to provide early response to police reports of family violence.</li> </ul> <p>The Murrindindi Children’s Network supports and encourages service collaboration across all Early Years and Family Support services.</p> <p>Links across Early Years and Family Support services and the Aboriginal Health and Wellbeing Project Local Area Network are maintained through cross representation on each network.</p> <p>The Kinglake Early Years Network worked collaboratively with and promoted family support services within the community as part of community conversations and surveys.</p>	<p>MSC Community Services</p>		
	<p>Provision of education programs to support children and families</p>	<p>FamilyCare and Murrindindi Shire Council have worked collaboratively with the Kinglake Ranges Children’s Centre to deliver the PEEP program, focusing on Parent education and support.</p> <p>Murrindindi Shire Council delivered the Facilitated Playgroup program in Kinglake.</p> <p>The Victorian Aboriginal Education Assoc. Inc. (VAEAI) delivered a professional development session on ‘How to make your Kindergarten Koori Inclusive’ for early years’ practitioners.</p> <p>Murrindindi Shire Council Family Day Care educators are all registered Smiles for Miles program providers.</p>	<p><b>MSC Community Services</b> Murrindindi Children’s Network</p>	<p>Achieved</p>	<p>1-2</p>

	Support Home Based Child Care educators to achieve the Healthy Achievement Program's Mental Health benchmarks .	Family Day Care Educators have worked through the Kids Matter program as part of their progress towards the Health Achievement Program Mental Health benchmarks.	<b>MSC Community Services</b>	Achieved	1-2
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**Strategy 1.4 - Create a positive environment that supports our young people to grow, participate and be happy.**

**Indicator:** DHHS Victorian Population Health Survey – PSYCHOLOGICAL DISTRESS - High/very high levels of psychological distress  
VicHealth Indicators Survey – MENTAL WELLBEING – Resilience

<b>Actions</b>	<b>Key focus area</b>	<b>Progress comments</b>	<b>Responsibility</b>	<b>Achieved/ Achieved in part / Not achieved</b>	<b>Year</b>
<p><b>1.4.1 Encourage young people to participate and lead</b></p> <p><b>Progress measure:</b></p> <p>Number of programs delivered</p> <p>Number of young people engaged</p>	Collaborate with young people to design and deliver local initiatives and programs	<p>Young people have been involved in the development of the following programs and initiatives:</p> <ul style="list-style-type: none"> <li>- Structured weekly after school activities focussing on cooking, art and games at Ellimatta.</li> <li>- The Steer leadership program through Ellimatta and Murrindindi Shire Council.</li> <li>- FReeZA programs in Alexandra, Yea and Kinglake including delivery of pool parties, open mic nights and battle of the bands.</li> <li>- Four school holiday programs have been delivered with 75 young people participating.</li> <li>- Youth participation in the RESPOND program to identify enablers, barriers and solutions as part of implementation planning.</li> </ul>	<p><b>MSC Community Services</b></p> <p>Elimatta Yea Community House CEACA Berry Street Valley Sport</p>	Achieved	1-4
	Explore the potential to build youth resilience through leadership development groups	Murrindindi Shire Council has delivered 5 youth development and training activities that have supported leadership development for 95 young	<p><b>MSC Community Services</b></p> <p>Valley Sport</p>	Achieved	1-2

		people. Valley Sport have commenced planning for an Alexandra Youth Girls Group.			
<p><b>1.4.2 Improve access to the support young people need</b></p> <p><b>Progress measure:</b> Number of initiatives delivered</p> <p>Number of sports clubs engaged in education initiatives</p> <p>Increase in service referrals from schools.</p>	Plan local community initiatives to address existing and emerging issues e.g. Alcohol and other drugs/mental health forums, youth engagement and participation	<p>Ellimatta and Kinglake Ranges Neighbourhood House have run 3 community forums on Drug use, Mental Health, Family Violence.</p> <p>Murrindindi Shire Council has supported 21 Year 11 students to complete the Fit2Drive program at Yea and Alexandra High Schools focusing on positive road behaviours to support safety outcomes.</p> <p>Murrindindi Shire Council held four consultations with young people, service providers and community conducted to support data collection on key issues within sector.</p> <p>Nexus in partnership with Headspace and Local Schools have implemented Mental Health First Aid training in Whittlesea and Diamond Creek Secondary Colleges.</p>	<b>MSC Community Services</b> Ellimatta	Achieved	1-4
	Advocate for the delivery of flexible youth services	<p>Murrindindi Shire Council and Ellimatta successfully pitched for State Government “Engage” program funding to support youth services for 2019-2021.</p> <p>Nexus continues to provide a suite of services accessible for young people in Kinglake.</p>	<b>MSC Community Services</b> Ellimatta Nexus Family Care Berry Street Secondary Schools	Achieved	1-4
	Explore the potential to expand Melbourne / Regional based services into towns (mobile facilities, pop up centres)	Ellimatta was successful in obtaining a grant for employment and outreach assistance for people of all ages.	<b>MSC Community Services</b> Ellimatta	Achieved	1-3
	Promote community education initiatives through sporting environments to target young	Valley Sport have supported clubs to manage the introduction of Child Safe Standards, encouraged youth participation and focus for	<b>Valley Sport</b> Nexus	Achieved	1-4

	people	clubs lacking in this area.			
	Increase partnership and awareness of services in schools	<b>FamilyCare</b> continue to work in partnership via the Child FIRST Alliance to work with The Bridge Youth Service and Rumbalara Co-Operative to meet the needs of the community.  Ellimatta delivered resilience training.	<b>Family Care</b> Berry Street Secondary Schools Ellimatta	Achieved	1-2

### 1.5 - Promote opportunities for people of all ages to connect with and be involved in their community.

**Indicator:** DHHS Victorian Population Health Survey – COMMUNITY & CIVIC ENGAGEMENT - Proportion of Victorian adults who did not volunteer

VicHealth Indicators Survey – MENTAL WELLBEING – Perceptions of neighbourhood – this is a close knit neighbourhood  
– Low gender equality score

Actions	Key focus area	Progress comments	Responsibility	Achieved/ Achieved in part / Not achieved	Year
<b>1.5.1 Inspire people to be engaged and active</b>  <b>Progress Measure:</b>  Number of initiatives delivered  Number of people attending Library programs  Number of people engaged in Community and Neighbourhood programs and activities	Deliver Library programs and events, which engage, inform, inspire and help connect communities  Support Community and Neighbourhood Houses in relevant ongoing delivery of services to the Community	Progressed the replacement and fit out for the new mobile customer service and library mobile.  We provided 'Tech Talk' sessions for seniors to enable better use of technology and connection with friends, family and community.  The Age Friendly Communities project, coordinated by Murrindindi Shire Council has included working closely with Community and Neighbourhood Houses to support a number of new activities for older people in Murrindindi Shire.  Community and Neighbourhood Houses presented to Councillors on the work they do and the role they play in community health and	<b>MSC Library Services</b>  <b>MSC Community Services</b> Community and Neighbourhood Houses	Achieved  Achieved	1-4  1-2

		wellbeing.			
	Engage Community stakeholders in the systems thinking process in Lower Hume	Lower Hume Primary Care Partnership and partners have been involved in the 4-year Strategic planning and monthly Collaborative meetings as we build our understanding of systems thinking and planning implementation. Due to delayed grant approval, community stakeholders have not yet been engaged.	<b>LHPCP</b>	Achieved in part	1
	Deliver programs and initiatives that address specific barriers to participation	CEACA in partnership with Council delivers the VicRoads funded L2P program, supporting young people to access mandatory driving experience.  Menzies Support Services delivered the biggest morning tea at Dame Pattie Menzies, an event attended by a number of partners.  A get fit get active event was delivered with Menzies Support Services, Nexus Primary Health and Valley Sport to support people with disabilities to be physically active.	<b>MSC Community Services</b> Murrindindi Access and Inclusion Committee Nexus Vic Police Valley Sport CEACA	Achieved	1-4
<b>1.5.2 Remove barriers that restrict people's participation in the community</b>  <b>Progress measure:</b> Number of disability access addressed  Number of age friendly initiatives delivered  Transport forums delivered	Deliver initiatives that will make our communities more age friendly.	The Age Friendly Communities Initiative delivered large number of new programs for older people delivered through Community and Neighbourhood houses across the Shire including: <ul style="list-style-type: none"> <li>- Outings</li> <li>- Visiting health services</li> <li>- Technology training</li> <li>- CPR training</li> <li>- Community dinners</li> <li>- Sporting equipment and recreation programs</li> <li>- Dance classes</li> <li>- Local history classes</li> <li>- Basket weaving classes</li> </ul>	<b>MSC Community Services</b> Community and Neighbourhood Houses Vic Police	Achieved	1-2



	<p>Identify and address disability access issues in conjunction with the Access and Inclusion Committee.</p>	<p>The Murrindindi Shire Council Access and Inclusion Committee has raised several key access issues in Murrindindi townships that have been addressed through Council's Capital Works program. Other access projects highlighted through the Access and Inclusion Committee are being developed into project briefs to support Capital Works planning into the future.</p> <p>Speak Up Alexandra has continued to advocate on a range of local access issues and participated in a number of forums to advocate on a broader level.</p>	<p><b>MSC Community Services</b> Murrindindi Access and Inclusion Committee Nexus</p>	<p>Achieved</p>	<p>1-4</p>
	<p>Promote the inclusion of all people regardless of age, disability, gender identity, sexuality, cultural and/or religious background.</p>	<p>Murrindindi Shire Council Access and Inclusion Committee has expanded its scope to include cultural, sexuality and gender diversity.</p> <p>Nexus has been identified as a preferred provider for LGBTI+ in My Aged Care (MAC) and is working toward the Rainbow Tick standards.</p>	<p><b>MSC Community Services</b> Murrindindi Access and Inclusion Committee Nexus</p>	<p>Achieved</p>	<p>1-4</p>
	<p>Explore solutions to transport barriers with the community</p>	<p>The Aged Friendly Communities project delivered:</p> <ul style="list-style-type: none"> <li>- A service map of available services within Murrindindi Shire has been produced to support Community and Neighbourhood houses to provide information and referral to the community.</li> <li>- A Transport forum to identify and plan for transport issues impacting on residents of Murrindindi Shire.</li> </ul>	<p><b>MSC Community Services</b></p>	<p>Achieved</p>	<p>1-2</p>

# OUR PLACE

## STRATEGIC OBJECTIVE 2:

# WE WILL MAINTAIN AND ENHANCE PLACES TO BE ATTRACTIVE AND LIVEABLE, IN BALANCE WITH OUR NATURAL ENVIRONMENT.

### Strategy 2.1 - Support recreation opportunities for our residents and visitors that encourage participation and community connections

**Indicator:** DHHS Victorian Population Health Survey – SOCIAL ISOLATION - High/very high levels of social isolation  
 – COMMUNITY & CIVIC ENGAGEMENT - Proportion of Victorian adults who did not volunteer  
 VicHealth Indicators Survey – PHYSICAL ACTIVITY – Participation in any organised physical activity  
 – Participation in any non-organised physical activity

Actions	Key focus area	Progress comments	Responsibility	Achieved/ Achieved in part / Not achieved	Year
<b>2.1.1 Plan for an appropriate mix of sport and recreation assets to meet community needs</b>	Review recreation and open space assets to identify community requirements.	A service review of recreation and open space assets has been conducted by Murrindindi Shire Council with community sport and recreation groups. Outcomes are being prioritised with Council to determine future service levels.	<b>MSC Community Services</b>	Achieved	1
<b>Progress measure:</b> Number of clubs engaged	Facilitate localised community conversations to support maintenance, service planning and collaboration.	Murrindindi Shire Council has worked with local sporting clubs and groups to: <ul style="list-style-type: none"> <li>- Improve female friendly change room facilities by completing projects at Thornton, Alexandra, Yea and Flowerdale recreation reserves.</li> </ul>	<b>MSC Community Services</b>	Achieved	1-2

		<ul style="list-style-type: none"> <li>- Improve playing surfaces at the Alexandra Tennis Club courts</li> <li>- Redevelop the Yea Railway Reserve Play Space.</li> </ul>			
	Investigate club financial contribution partnerships to support project delivery.	The service review of recreation and open space assets has provided a framework that will support further exploration of financial partnerships in the future.	<b>MSC Community Services</b>	Achieved	1
	Engage the community and Sport and Recreation partners to ensure local facility needs can be met and implemented.	<p>Valley Sport have conducted facility inspections and provided advice and information on grant opportunities to sporting groups and clubs.</p> <p>Council regularly collaborates with community on projects including a project planning, scoping and grant support.</p>	<b>Valley Sport</b> MSC Community Services Vic Police	Achieved	1-4
	Groups are supported to undertake strategic planning for facilities.	Valley Sport has supported the Alexandra Football Netball Club, Yea Football Netball Club, Thornton Football Netball Club, Yea Swimming Club, Alexandra Basketball Association & Flowerdale Sports Club with facility planning and access to government and philanthropic grant opportunities. A further 2 groups were supported with strategic planning.	<b>Valley Sport</b> MSC Community Services	Achieved	1-3
<b>2.1.2 Explore innovative approaches to promote tracks, trails, sport and recreational opportunities</b>  <b>Progress measure:</b> Number of promotion activities undertaken	Support the marketing and promotion of local sport and recreation opportunities including social media and innovative approaches.	A number of recreation opportunities have been promoted on Council's social media throughout the year. Further work is required to connect with sporting and recreation groups to support direct marketing and promotion.	<b>MSC Community Services</b>	Not achieved	1-4
	Explore partnerships with key stakeholders to identify opportunities for increasing the profile of our natural attractions e.g. DELWP, Parks Victoria, GBMCA	The Discover Dindi Instagram and facebook pages serve to increase the profile of Murrindindi Shire's natural attractions. The reach and influence of the posts has grown over the past 12 months. Council work with DELWP and Parks Victoria to share and cross promote. Further work is planned to explore and formalise partnerships in this space.	<b>MSC</b>	Achieved in part	1

