

**Murrindindi Municipal Public Health and Wellbeing Plan
2017-2021**

**Annual Implementation Plan Year 3 2019-2020
Reporting Template**

OUR PROMISE

Our Promise comprises of a set of guiding values that will direct the work of partner agencies as we work collectively to support the health and wellbeing of the communities and residents in Murrindindi Shire.

As partners to the Health and Wellbeing plan we commit to:

1. Collaborate: Work together and coordinate our efforts to improve health and wellbeing with the community.
2. Innovate: Develop and trial new ideas and create innovative solutions to health and wellbeing priorities.
3. Communicate: Ensure our communities are aware of and involved in creating and supporting programs that meet their needs.
4. Participate: Commit to delivering and monitoring the actions in the Health and Wellbeing Plan 2017-2021.

OUR PEOPLE

STRATEGIC OBJECTIVE 1:

TOGETHER WE WILL CELEBRATE AND ENCOURAGE DIVERSE, CARING AND CONNECTED COMMUNITIES.

Strategy 1.1 – Encourage activities and events that celebrate our vibrant, diverse and creative people and communities

Indicator: DHHS Victorian Population Health Survey – COMMUNITY & CIVIC ENGAGEMENT - Proportion of adults who attended a local community event

Actions	Key focus area	Progress comments	Responsibility	Achieved/ Achieved in part / Not achieved	Year
<p>1.1.1 Promote more community celebrations</p> <p>Progress measure: Number of events delivered</p> <p>Number of community grant applications funded</p>	Support and deliver events that celebrate our diverse communities	<p>Murrindindi Shire Council supported a range of community projects and activities as part of the Grants and Contributions program:</p> <ul style="list-style-type: none"> - 10 year on – Foggy Mountain Primary School Recording project and public concert - Strath Creek ‘Funny Little World’ concert - Alexandra Football Netball Club – Having a ball in Acheron Hall event - Sing and Grow early learning program in Eildon - Mother’s Day Classic – Breast Cancer event <p>Murrindindi Shire Council supported the following festivals and events to celebrate our local communities and attract visitation to our towns:</p>	<p>MSC Community Services</p> <p>All partners</p>	Ongoing	1-4

<p>Number of events delivered in partnership</p>		<ul style="list-style-type: none"> - Rotary Art Shows in Alexandra, Kinglake, Marysville and Yea - Marysville Jazz and Blues weekend - Alexandra Rodeo - Kinglake Country Fair - Buxton Weekender Mountain Bike events - Yea Show Night Carnival - Strath Creek 'Funny Little World' concert - Alexandra Football Netball Club – Having a ball in Acheron Hall event - BMX Supercross Event in Kinglake <p>Community and Neighbourhood Houses and local community hubs continued to offer a range of events and classes to support their local communities.</p> <p>Menzies Support Services supported local events by promoting (via newsletter and social media), providing catering and Hay Bale Art for local events including the Alexandra District Health Fair and Alexandra Annual Spring Show.</p> <p>Murrindindi Shire Council held 7 weekly Dindi Live sessions online through Facebook live to promote local performing artists and entertain the community.</p>			
	<p>Continue to recognise the achievements of community members at Council Meetings.</p>	<p>in the past 12 months the following people and groups have been formally recognised at Council meetings:</p> <ul style="list-style-type: none"> - Ray Bartlam (Kinglake Football Netball Club) - Glenda Woods (Yea Wetlands S86 Committee of Management) - Alexandra Secondary College student leaders - Eildon Primary School student leaders - Marysville Primary School student leaders - St Mary's Primary School student leaders <p>A Citizenship ceremony was also held to acknowledge four Murrindindi Shire residents who had become Australian Citizens.</p>	<p>MSC Governance</p>	<p>Ongoing</p>	<p>2-4</p>

	Continue the Grants and Contributions program to support a broad range of activities that benefit our community.	<ul style="list-style-type: none"> The Murrindindi Shire Council Grants and Contributions Program continued throughout the year and supported: <ul style="list-style-type: none"> 18 community projects and events 10 fee reductions to council managed community facilities 11 sponsorships to support community events 11 Quick Response Grants to support organisations who required immediate support to meet an unforeseen need. 	MSC Community Services	Achieved	3
1.1.2 Support creative and cultural activities Progress measure: Undertake performing arts project in Yea – number of participants.	Continue to deliver creative programs at our libraries which provide music, entertainment, participation and lifelong learning.	613 programs were delivered through Murrindindi Shire Council library services with 5697 people attending. During COVOD 19 restrictions a number programs were presented online including music, book readings, children's story time and activities, science experiments, technical assistance in accessing online materials, book reviews and staff recommendations and a hugely popular webinar. FamilyCare offered the Drumbeat program to children in Family Day Care at the Kinglake Library in Term 4, 2019.	Murrindindi Shire Library services	Achieved	3
Number of arts and cultural activities delivered. Number of people attending arts and cultural events Number of events promoted through Council communication channels Increase in number of events listed on Council's event portal	Actively link young people to community through performing arts, music, performance, recreation and leadership.	Young people were supported to follow music industry pathways through song writing and recording sessions, stage performance and event management experience. Young people worked on a range of Murrindindi Shire Council youth activities, including the Kinglake Country Fair (postponed), The Dindi Sessions and the Alexandra Farm Stay event. Young people performed at live music events including the RUOK? school series, Farmstay Festival, Danihers Drive event, MLS Live event and #thedindisessions and participated in event planning activities. A total of 9 planning sessions were held with young people and 14 events were conducted, attracting 283 young people and 576 general community members at face to face events (pre-Covid-19) and 1415 young people and 26,903 general community members engaged in online events during COVID-19.	MSC Community Services Ellimatta MSC Communication Department Community and Neighbourhood Houses Murrindindi Library Service Youth Alexandra Secondary College Yea High School Alexandra Football & Netball Club Montville Lane Sessions	Ongoing	1-4

			Paul Ray		
	Promote market and enhance opportunities for community involvement in arts and cultural activities.	All activities have been widely promoted via Council's social media platforms and advertised through local media (newspapers and radio), inviting participation from the broader community. The Dindi Sessions were also featured on WIN News. Library programs are listed on Facebook and on the library page of Council webpage using a monthly calendar of events.	MSC Community Services Ellimatta MSC Communication Department	Ongoing	1-4
1.1.3 Strengthen our relationship with local Aboriginal communities	Continue to develop our relationship with Taungurung Land and Waters Council.	Council has provided to support with planning matters to the TLWC, as well as continuing discussions with the TLWC through a number of regional meetings.	Murrindindi Shire Council	Ongoing	3-4
Progress measure: Number of activities and events where Indigenous culture was a focus.	Recognise and include Aboriginal culture wherever possible, as part of Council initiated, funded or supported events and via programs through our library branches.	Activities celebrating NAIDOC week were held in Yea, Kinglake and Alexandra libraries.	MSC Community Services Murrindindi Library Service	Ongoing	1-4
Number of joint initiatives undertaken with Aboriginal communities	Strengthen our relationship through communication and joint initiatives.	Murrindindi Shire Council provided support and sponsorship for the following activities to support recognition and celebration of Aboriginal communities: <ul style="list-style-type: none"> - Funding for the Koorie Youth Summit, a gathering of up 200 Aboriginal and Torres Strait Islander young people from across Victoria including from Taungurung and surrounding tribes and elders This event had to be placed on hold due to COVID-19 but will run in the future. - Funding to support additional flag poles to fly the Aboriginal and Torres Strait Islander flags and the installation of an Indigenous garden at Kinglake West Primary School Alexandra District Health hosted 3 rd Annual Health Check Day in partnership with Eastern Health Aboriginal Health Team, RIAC – ATSI Advocacy Program and Lower Hume PCP Aboriginal Health and Wellbeing Program on 2 nd	MSC Community Services LHPCP Alexandra District Health Family Care	Ongoing	1-4

		<p>October 2019 with 16 people attending. Alexandra Rotary Club also provided watch pedometer door prize presented to a community member.</p> <p>Alexandra District Health developed a Diversity Support role to support cultural awareness within the organisation.</p>			
Support and promote Koolin Balit-Djak Strategy and other health initiatives.	<p>The LH Aboriginal Health & Wellbeing Program Officer:</p> <ul style="list-style-type: none"> - Worked with Alexandra District Health and Eastern Health including Aboriginal professionals to host a health check day for Aboriginal families living in Murrindindi. - Held a collaborative meeting in Alexandra to give professionals from Murrindindi greater opportunity to attend in person. - Shared information and resources that related to Aboriginal health, wellbeing, social / cultural connection, cultural responsiveness, education and training opportunities to networks in the Murrindindi Shire area. - Has attended various network meetings held in the Murrindindi Shire area. - Has provided direct support to key organisations in the Murrindindi Shire area to improve their cultural responsiveness and service delivery for Aboriginal and Torres Strait Islander people. <p>ADH has partnered with Eastern Health to access their Aboriginal Health Liaison Officer to ensure access for ATSI patients and clients. Education and training for all ADH staff now incorporated into staff mandatory training day.</p>	<p>LHPCP MSC Community Services Alexandra District Health Yea Memorial Hospital Nexus Primary Health</p>	Ongoing	1-4	
Raise community awareness of significant cultural dates (NAIDOC week, Reconciliation week)	<p>Y Water Centre planned and hosted a NAIDOC week event.</p> <p>Murrindindi Shire Council provided sponsorship to Koorie Kids to support NAIDOC week activities in all schools across Murrindindi Shire.</p> <p>Alexandra District Health hosted its 7th Annual NAIDOC morning tea event in partnership with MSC and Rumbalara Aboriginal Co-operative on 9th June 2019.</p>	<p>MSC Community Services</p> <p>All partners</p>	Ongoing	1-4	

		<p>On March 19th 2020, Alexandra District Health created its own Sea of Hands to show support for National Close the Gap Day engaging primary schools and with follow up article in social media and local newspaper.</p> <p>Key NAIDOC week events in Seymour and Yea were promoted to our Lower Hume networks and communities via email and at network meetings.</p> <p>All services support through attending a diverse set of events as well as marketing events through media channels.</p>			
<p>1.1.4 Use our library facilities and programs to connect and celebrate communities</p> <p>Progress measure: Number of events and initiatives engaging schools</p>	Extend outreach of home-bound library delivery to Kinglake and Yea.	The library outreach service operated the Book Butler home delivery service during COVID restrictions to the community. During this time 3114 items were borrowed by community members across the Shire. Staff travelled 5813 kilometres to deliver to 325 households while the mobile library and customer services were suspended. The Book Butler program will continue to provide a library delivery service to those patrons who are unwell, isolating or for those who would normally patronise the service at one of the 8 Mobile Library locations.	Murrindindi Library Service	Achieved	3
Number of library memberships	Implement 'social seniors' to help build online engagement skills for seniors.	Council officers continued to deliver technical assistance to seniors in each of our libraries.	Murrindindi Library Service	Achieved	3
Number of people using the mobile library service	Work with emerging Kinglake Friends of Library Group to deliver a project in support of the Kinglake Library and community.	Council has commenced discussion with Friends of the Library (FOLK) to plan a project for delivery once libraries are fully open for use by groups.	Murrindindi Library Service	Achieved	3

Strategy 1.2 - Work with community and groups to connect, collaborate and plan for our future.

Indicator: DHHS Victorian Population Health Survey

- SOCIAL & CIVIC TRUST - Do not feel there are opportunities to have a real say on important matters
- COMMUNITY & CIVIC ENGAGEMENT - Proportion of Victorian adults who did not volunteer

Actions	Key focus area	Progress comments	Responsibility	Achieved/ Achieved in part / Not achieved	Year
<p>1.2.1 Help local communities plan for their future</p> <p>Progress Measure: Community planning framework developed</p>	<p>Progress the Community Planning trial in Yea, Marysville and Toolangi and finalise and action community plans.</p>	<p>We supported the Marysville, Yea and Toolangi/Castella communities with the development of their Community Plans. Each community was supported to deliver large and small events to prioritise their plans and develop the specific projects.</p> <p>The combination of events and planning meetings engaged with over 1,000 Murrindindi residents.</p> <p>A grants program was designed to support the actions associated with the 3 unique plans.</p>	<p>MSC Community Services</p>	<p>Achieved</p>	<p>3</p>
<p>1.2.2 Strengthen community, sport and recreation groups</p> <p>Progress Measure: Number of workshops delivered to sporting clubs and groups</p> <p>Use of social media to promote clubs and recreation opportunities</p>	<p>Collaborate with government, sporting assemblies and peak bodies to improve sporting and recreation opportunities and facilities</p> <p>Improve support to, and collaboration amongst, community groups</p>	<p>We worked with community sporting groups to design projects that support infrastructure improvements at recreation reserves to enhance participation outcomes.</p> <p>Reserve master planning projects were started at Kinglake and Thornton. State Government grant applications were submitted for the Yea Showgrounds to support oval lighting upgrade, and change rooms at Yea Showgrounds and Flowerdale Spring Valley where upgraded to support gender equality.</p> <p>Support was provided to community groups through advertising local events on Council social media and through our networks.</p>	<p>MSC Community Services</p> <p>MSC Community Services Valley Sport Nexus Vic Pol</p>	<p>Ongoing</p> <p>Ongoing</p>	<p>1-4</p> <p>1-4</p>

		<p>Murrindindi Shire Council provided support to the following sporting clubs and groups through the Grants and Contributions Program:</p> <ul style="list-style-type: none"> - Alexandra and Eildon District Lapidary Club for club house improvements - Alexandra Bowls Club for events support - Yea RSL for access improvements - Marysville Golf Course for course analysis to reduce water consumption - Terip Terip Recreation Reserve Inc. for equipment support - Alexandra RSL for updated furniture <p>Toolangi Castella District Community House is working with a community based action team to revitalise the Toolangi Tennis Courts as part of the Council's Community Planning initiative.</p> <p>Valley Sport delivered workshops and provided support to groups in Murrindindi Shire as required including a number of workshops offered to community clubs in a webinar format due to COVID19 restrictions</p> <p>Nexus worked with multiple community groups to deliver the RESPOND project involving physical activity strategies in the local community and supported the Kinglake Heart Foundation Walking Group.</p> <p>All services worked together to plan for the immediate and ongoing relief and recovery needs of the community during COVID-19 through the Murrindindi Relief Committee and Murrindindi Pandemic Committee.</p> <p>UGFM and Council worked to provide daily updates to the community throughout the COVID-19 Pandemic.</p>	MSC Community Services		
<p>1.2.3 Promote and encourage volunteering</p> <p>Progress measure:</p>	Investigate collaborative approaches to volunteer recruitment, engagement and training	The volunteer Murrindindi website continues to operate and is maintained through Kinglake Ranges Neighbourhood House.	<p>MSC Community Services</p> <p>Kinglake Ranges Neighbourhood House</p>	Ongoing	2-4

<p>Number of new volunteers engaged by Council</p> <p>Number of people accessing Volunteer Murrindindi</p> <p>Celebration / events jointly held</p>			Murrindindi Library Service		
	<p>Coordinate volunteer celebration and acknowledgement events for National Volunteer Week (May 2020).</p>	<p>Volunteer appreciation and recognition events were held by Toolangi Castella District Community House, Flowerdale Community House, Murrindindi Shire Council, and Kinglake Ranges Neighbourhood House.</p> <p>Alexandra Community Hub presented certificates of acknowledgement to all volunteers and publicly recognised their contribution through a morning tea and local media.</p> <p>A coordinated event did not occur in this reporting period.</p> <p>ADH have posted articles and social media posts to celebrate National Volunteer week in May 2020 and regularly throughout year eg. Celebrating volunteers that assist with ADH garden work, mail delivery and distribution of calendars.</p> <p>ADH recognise volunteers through Volunteer Governor Awards at the ADH Annual General Meeting.</p>	<p>MSC Community Services</p> <p>MSC Library Services</p> <p>Kellock Lodge</p> <p>Alexandra District Health</p> <p>Community and Neighbourhood Houses</p> <p>Murrindindi Library Service</p>	Achieved	3
	<p>Deliver the Moving Murrindindi Project to provide enhanced community transport options.</p>	<p>The Department of Transport funded project has been successfully implemented in partnership with Community Accessibility Inc. Two new vehicles were purchased to support program delivery, with 15 volunteer drivers currently active across the Shire and a number of others on hold. The program has successfully completed over 220 trips, supporting members of the community to access medical, social and therapeutic appointments across Victoria. The Moving Murrindindi community transport program will continue to be operated by Community Accessibility Inc. in partnership with Council.</p>	<p>MSC Community Services</p>	Achieved	3
<p>Promote volunteering and support groups to recruit and support volunteers</p>	<p>Valley Sport continuously supports volunteers through supporting clubs and sporting organisations with volunteer upskilling and engagement opportunities.</p> <p>Murrindindi Shire Council held a volunteer drive to support people impacted by COVID-19 and were able to pass on these details to community groups to boost their volunteer capacity.</p>	<p>MSC Community Services</p> <p>Valley Sport</p> <p>Kinglake Ranges Neighbourhood House</p>	Ongoing	1-4	

Strategy 1.3 - Work with Partner agencies to ensure people of all ages can access the health and community services they need.

Indicator: DHHS Victorian Population Health Survey – HEALTH & WELLBEING - Self-reported health status - Fair/poor
 – FRUIT & VEG CONSUMPTION - Did not meet dietary guidelines for either fruit or vegetable consumption
 – PHYSICAL ACTIVITY - Insufficient time and sessions
 – BODY WEIGHT STATUS - People reporting pre-obese (overweight) or obese

VicHealth Indicators Survey – GENERAL WELLBEING – Subjective wellbeing
 Australian Early Development Census (AEDC) data

Actions	Key focus area	Progress comments	Responsibility	Achieved/ Achieved in part / Not achieved	Year
<p>1.3.1 Encourage provision of services that meet community needs.</p> <p>Progress Measure: Number of professional development / community information sessions conducted.</p>	<p>Coordinate professional development and community information sessions on priority issues</p>	<p>The annual Children’s Services Network Annual Early Years conference was cancelled due to COVID-19, however, both key note speakers have agreed to provide a professional development session via Zoom for early year’s professionals in early 2020-21.</p> <p>Maternal Child Health Services offered new parent support groups including guest speakers from a range of allied health services. These sessions were offered via Zoom during the COVID-19 restrictions.</p>	<p>MSC Community Services</p>	<p>Achieved</p>	<p>3</p>
<p>Number of advocacy activities undertaken.</p> <p>Number of community engagement activities undertaken.</p>	<p>Advocate for flexible and equitable delivery of services, including medical and specialist services across Murrindindi Shire</p>	<p>Council has advocated with State and Federal Governments to improve funding for and access to support for early years services during COVID-19.</p> <p>The Goulburn Integrated Mental Health Steering Group developed community information resources to support easier access to mental health services. These resources were shared broadly by all partners.</p> <p>Council provided Quick Response Grants to Community and Neighbourhood Houses and Hubs to support the provision of emergency relief and support to vulnerable people within Murrindindi.</p>	<p>All services</p>	<p>Ongoing</p>	<p>1-4</p>

	<p>Community and Neighbourhood Houses and Hubs provided a range of activities to ensure access to food relief to people during COVID-19</p> <p>The Lower Hume Primary Care Partnership (PCP) including all participating members worked together to advocate for the continuation of funding for the PCP program so it can continue to support improved health and wellbeing outcomes in the community.</p> <p>Nexus continues to provide new and existing GP, Allied health, mental health, drug and alcohol, children's and FV services in Murrindindi.</p> <p>Alexandra District Health maintains access to 24 medical specialists who provide consultation and/or surgery or diagnostic services at ADH.</p> <p>Murrindindi Shire Council launched and implemented the Dindi Link service to support people who are impacted by COVID-19 to ensure they can access the services they need.</p>			
Ensure services are welcoming, inclusive, culturally responsive and accessible to all people in Murrindindi Shire	<p>Menzies Support Services opened an assessable office in the main street encouraging the community to drop in.</p> <p>Murrindindi Shire Council introduced a new ongoing Access and Inclusion officer position to support access to services, advocacy and assistance to individuals to navigate services systems.</p> <p>Murrindindi Shire Council Access and Inclusion officer completed 'Conduct a Building Access Audit' training to support ongoing access audits on Council facilities.</p> <p>Nexus Primary Health is progressing through the Rainbow Tick accreditation process across all service sites.</p>	All services	Ongoing	1-4
Engage with the community to understand their needs and priorities.	Murrindindi Shire Council, in partnership with Menzies Support Services and Nexus Primary Health, conducted 5 community information sessions as part of the transition of Aged and Disability Services.	MSC Community Services All services	Ongoing	1-4

		<p>Murrindindi Shire Council conducted two online community consultation sessions to gather feedback on how the business community and event organisers can be best supported through COVID-19. Both sessions were well attended and will support the development of a Business Recovery Plan.</p> <p>Murrindindi Shire Council also conducted an online community consultation session for community members to discuss the impact of COVID-19 on individuals, groups and the broader community. Over 140 people registered for the event and feedback provided will support the development of the COVID-19 Community Transition Plan.</p> <p>Community consultation was undertaken to support the development of the Eildon Reserve Improvement plan and the Kinglake Memorial Reserve Master plan projects.</p>			
	Work together with the community to support improved understanding of Mental Health support services including working towards the integration of services into a stepped model of care to improve visibility and simplify access.	Murrindindi Shire Council, Nexus Primary Health, Goulburn Valley Health, Wellways, Alexandra District Health, APMHA, Kilmore Hospital, Yea and District Memorial Hospital Seymour Health, Rumbalara, Family Care, the Bridge Youth Services and Mitchell Shire Council are working collaboratively with the Lower Hume Primary Care Partnership to progress the Lower Hume Mental Health Expanded Stepped Care Model project. All participating agencies have signed the Charter of Commitment and the project has been successful in achieving support through the Department of Health and Human Services.	LHPCP MSC Community Services All services	Ongoing	2-4
1.3.2 Strengthen local aged and disability services.	Coordinate the Murrindindi Aged and Disability Service Providers Network	The Aged and Disability Service Providers Network has continued over the past 12 months with a focus on the successful transition of services from Council to new providers and the collaborative workforce development project supporting recruitment and retention of a strong and sustainable local workforce.	MSC Community Services	Ongoing	1-4
Progress measure: Number of collaborative projects to support Aged Service delivery	Complete the transition of Council Aged and	The transition of Aged and Disability Services from Murrindindi Shire Council to Nexus Primary Health and	MSC Community services	Achieved	3

Complete scoping study of industry training needs	Disability services to new providers.	<p>Menzies Support Services was completed on 1 January 2020.</p> <p>Nexus Primary Health and Menzies Support Services were able to employ all community support officers seeking ongoing employment to support consistency and continuity of services for Murrindindi Shire residents. Both organisations worked collaboratively with Council to ensure the community remained informed and were able to have their needs met during the transition period.</p>			
	Continue to assist our community to access aged and disability services through service planning, advocacy and independent assistance and advice.	<p>Council has engaged an ongoing Access and Inclusion officer to support people to navigate the aged and disability service system and support service access.</p> <p>Council has launched the Dindi Link service to support people who are isolated and have additional needs as a result of COVID-19. The Dindi Link service has been able to support a number of residents to access Aged and Disability services through My Aged Care.</p>	MSC Community services	Achieved	3
	Progress the collaborative project addressing innovative workforce development requirements of the Aged and Disability sector.	<p>Valley Sport worked with local aged and disability providers undertaking a needs analysis mapping project, this work will help inform spot and recreation needs from aged and disability community members.</p> <p>Menzies Support Services have led the Workforce Training Innovation Fund project with a Steering Committee of partners including Murrindindi Shire Council, Alexandra District Health, Kellock Lodge, Darlingford Nursing Home, and the Yea and District Memorial Hospital. The first round of trainee's commenced, and placement is being organised for the students across the participating organisations.</p> <p>Through this project partners have collaborated closely with other local health service providers in aged care and disability services to develop training programs, delivered by a local TAFE, and promote upskilling of staff locally in courses related to aged care and disability. ADH has also made available training space to support this program.</p>	Menzies Support Services MSC Community Services Alexandra District Health Yea and District Memorial Hospital Kellock Lodge Darlingford Nursing Home Community and Neighbourhood Houses Valley Sport	Ongoing	3-4

	Work to sustain relevant roles and programs	<p>Nexus Primary Health and Menzies Support Services have sustained delivery of HACCC PYP, CHSP and volunteer co-ordinator services for domestic assistance, respite, personal care, home maintenance and meals on wheels post transition.</p> <p>Continues to deliver a range of medical and nursing, allied health and mental health supports to the Kinglake area.</p> <p>Community and Neighbourhood Houses regularly assess programs and seek community feedback for any changes or additions required.</p> <p>Murrindindi Shire Council in partnership with Community Accessibility have sustained the delivery of the Moving Murrindindi program with a strong volunteer base and the development of a sustainable operating model.</p>	<p>Nexus MSC Community Services ALEXANDRA COMMUNITY HUB Yea Community House Flowerdale Community House\ Toolangi Castella District Community House Kinglake Ranges Neighbourhood House</p>	Ongoing	1-4
<p>1.3.3 Promote programs that encourage active lifestyle and access to healthy food</p> <p>Progress measure: Number of events, initiatives delivered. Number of community members engaged</p>	Collaborate with partner agencies, community and young people to promote active living and healthy eating through the RESPOND project.	<p>The Respond Project has continued to progress in the towns of Yea and Alexandra. The Lower Hume Primary Care Partnership:</p> <ul style="list-style-type: none"> - Attended 3 Yea community planning meetings with 100 participants overall and joined 2 action groups that align with RESPOND (road safety and leisure centres). - Attended 6 post-GMB3 implementation meetings were held to discuss action planning and implementation. - Launched social media campaigns for monitoring and promotion of the logo competition - Delivered two articles promoting monitoring data and systems thinking process distributed to 6 local papers and one article promoting the logo competition to four local papers - Developed two Infographics promoting monitoring data and systems thinking process distributed to 27 schools. - Delivered one Mail chimp promoting logo competition and systems thinking process delivered to 106 community members. 	<p>MSC Community Services LHPCP Alexandra District Health Yea and District Memorial Hospital Alexandra Secondary College Yea High School Dept. of Education Nexus Community and Neighbourhood Houses Ellimatta Youth Inc.</p> <p>Valley Sport</p>	Ongoing	1-4

		<ul style="list-style-type: none"> - Delivered Alexandra's Get Cooking CWA and FoodWorks cooking initiative – a partnership program helping diverse community members learn more about healthy food and basic cooking skills. First session attended by 17 community members (children, parents, people with disability and older adults) in April 2020 with future sessions planned post COVID. - LHPCP letter of support for the Embassy of Ideas for successful funding application - Feed it Forward Food Garden. - Networking/collaboration through the Murrindindi Shire Council's Community Planning Process <p>There are a range of partners involved in this activity including Nexus, Alexandra District Health, Yea Memorial Hospital, Murrindindi Shire Council and Valley Sport.</p> <p>Council and Lower Hume Primary Care Partnership have met to support building an understanding of where we can continually integrate Respond/Grow Well Dindi (Healthy Eating / Physical Activity) system changes into everyday operations including footpath connectivity and development to support physical activity, healthy eating policy, business support for healthy eating options and increased amenity at recreation grounds.</p>			
	<p>Ensure diverse and sustained community participation in the RESPOND forums and in development of community actions to support an increase in healthy eating and physical activity of children in Murrindindi Shire.</p>	<p>The Lower Hume Primary Care Partnership undertook promotion of RESPOND and the third community Group Model Building (GMB) workshop via flyers, article in 3 local papers, direct face to face conversations, phone calls, local radio, promotional emails, Mail chimp and meetings.</p> <p>LHPCP facilitated delivery of the third community GMB workshop with attendance of 59 participants (23 in Yea and 36 in Alexandra).</p> <p>Themes and actions were summarized to create 10 theme infographics with actions (4 for Yea and 6 for Alexandra) and disseminated to community settings, groups and organisations.</p>	<p>LHPCP Alexandra District Health Yea and District Memorial Hospital Nexus</p>	<p>Ongoing</p>	<p>2-4</p>

		<p>All workshop venues were accessible for these groups and included one accessibility needs question in RSVP form for GMB3; additional support put in place for events to ensure there were dedicated scribes and support facilitators to support participation.</p> <p>All members promoted systems thinking process through informal face-to-face interactions with community members from diverse backgrounds or those with access to these groups.</p>			
	<p>Promote initiatives and programs that deliver healthy eating and physical activity services to Murrindindi Shire</p>	<p>Maternal Child Health services hosts allied health professionals including physio and dietitian to new parent groups to address many things including healthy foods and activity to new parents.</p> <p>Toolangi Castella District Community House continued to hold monthly foods swaps (on hold during the pandemic), food related classes and weekly exercise/activity program.</p> <p>Yea Community House, Flowerdale Community House, Kinglake Ranges Neighbourhood House and Alexandra Community Hub continued to offer food share services to the community to improve access to fresh food and produce.</p> <p>Nexus continues to support community groups and organisations in healthy eating and physical activity initiatives through the RESPOND project.</p> <p>Flowerdale Community House conducted a weekly walking group.</p> <p>25 Murrindindi Family Day care educators are registered for and participating in the Smiles 4 Miles program. Of these, 20 educators have current Smiles 4 Miles awards.</p> <p>Menzies Support Services promote healthy eating and physical activity in group activities and one on one support sessions, via newsletter and on social media.</p>	<p>All services</p>	<p>Ongoing</p>	<p>1-4</p>

		<p>Lower Hume Primary Care Partnership supported to develop a collaboration between Reddrops supermarket and CWA to run healthy cooking classes as an action outcome of Respond.</p> <p>Nexus supports the community initiated Heart Foundation walking group that runs in Kinglake though advertising on media platforms as well as supporting the walking coordinator.</p> <p>Murrindindi Shire Council participated in the Walk to School program and engaged six primary schools from across Murrindindi Shire including two new schools that had not participated previously. Schools combined Walk to School activities with community events, holding a number of community breakfasts with walks to school. Walk to School funding support these activities and helped to fund school gardens and fruit trees.</p> <p>Over 15,000 attended the council outdoor swimming pool program over the 19/20 season.</p> <p>205 Young people have attended the following regular activities run by Ellimatta and Murrindindi Shire Council with an active living and healthy eating focus:</p> <ul style="list-style-type: none"> - Kinglake weekly Drop In (Inc. cooking) - Kinglake Drumbeat - Yea Platform theatre group 			
<p>1.3.4 Support healthy and happy children and families</p> <p>Progress measure: Number of children receiving HBCC</p>	<p>Review and refine delivery of immunisation sessions to meet the needs of the community.</p>	<p>Immunisation sessions are continuing throughout Murrindindi Shire, providing two session per month at Alexandra, Yea and Kinglake.</p> <p>Late afternoon sessions at all sites have had good uptake of families. A new IT system is also being implemented which is supportive of DHHS programming. A total of 972 immunisations have been provided through Maternal and Child Health services.</p>	<p>MSC Community Services</p>	<p>Achieved</p>	<p>3</p>
	<p>Support the delivery of high quality, flexible child</p>	<p>High quality, flexible child care continues to be delivered through Murrindindi Family Day care.</p>	<p>MSC Community Services</p>	<p>Ongoing</p>	<p>1-4</p>

<p>Number of school holiday programs and people attending</p> <p>Benchmarks are achieved in the Victorian Healthy Achievement Program – Mental Health category</p> <p>Engagement in Family Violence Prevention activities and Gender Equity activities.</p>	<p>care and children's services across Murrindindi</p>	<p>The Murrindindi Children's Network continues to bring together early years services to support collaboration, networking and professional support.</p> <p>Murrindindi Family Day Care obtained all but one benchmark in the Victorian Healthy Achievement Program for physical health and wellbeing. Progress will continue to year 4.</p> <p>Murrindindi Shire Council worked with kindergartens across the Shire to support the development of a collaborative marketing and communication approach for Kindergarten enrolments.</p>	<p>Ellimatta Flowerdale Community House</p>		
	<p>Support and promote the delivery of family support services across Murrindindi</p>	<p>The PEEP program continued to be delivered on a weekly basis in partnership with Murrindindi Shire Council, Family Care and the Kinglake Ranges Early Years Centre</p> <p>FamilyCare continue to locate Child and Family Services workers in offices based in Alexandra and Kinglake.</p> <p>Nexus continues to deliver Family Violence and mental health support services for families and individuals across Murrindindi.</p> <p>Murrindindi Shire Council have worked with Buxton Primary School, Eildon Kindergarten and the Kinglake Ranges Neighbourhood House to deliver the Facilitated Playgroup program, operating weekly-facilitated playgroups (including bush playgroup).</p>	<p>Familycare Nexus MSC Community Services</p>	<p>Ongoing</p>	<p>1-4</p>
	<p>Deliver gender equality and family violence prevention initiatives that support healthy and respectful families.</p>	<p>Maternal Child Health staff attend to Family violence assessments with each client at the child/maternal 4 week health assessment.</p> <p>Family care delivered the Drumbeat program as part of a Family Violence therapeutic program in partnership with Nexus (commenced Term 1 2020). The program aims to deliver therapeutic responses for women and children who have experienced family violence.</p>	<p>Nexus MSC Community Services Familycare</p>	<p>Ongoing</p>	<p>2-4</p>

		Murrindindi Shire Council worked with the Lower Hume Primary Care Partnership and Nexus Primary Health to support a coordinated campaign to promote the 16 days of activism campaign to increase awareness and prevention of family violence.			
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Strategy 1.4 - Create a positive environment that supports our young people to grow, participate and be happy.

Indicator: DHHS Victorian Population Health Survey – PSYCHOLOGICAL DISTRESS - High/very high levels of psychological distress

VicHealth Indicators Survey – MENTAL WELLBEING – Resilience

Actions	Key focus area	Progress comments	Responsibility	Achieved/ Achieved in part / Not achieved	Year
<p>1.4.1 Encourage young people to participate and lead</p> <p>Progress measure:</p> <p>Number of programs delivered</p> <p>Number of young people engaged</p>	<p>Collaborate with young people to design and deliver local initiatives and programs</p>	<p>Murrindindi Shire Council involves young people in the development of programs with the goal of empowering youth to become the drivers of more youth initiatives. We facilitated one youth Co-Lead camp for 10 young people with positive outcomes for the participants as well as co-design outcomes for the 2020 Leadership Program.</p> <p>FamilyCare delivered a Drumbeat program with Ellimatta during 2019 in Term 3 and 4, targeted at young people.</p> <p>Valley Sport planned for the addition of a Youth Engagement worker (Funded by VicHealth) who will work closely with Valley Sport Staff and local organisations to design and deliver sport and recreation activities/opportunities to local youth.</p> <p>The Embassy of Ideas held discussion with the Alexandra Secondary College and VCAL students to discuss opportunities to move the community composting project to the Embassy and other potential opportunities to partner to meet VCAL project outcomes.</p> <p>The Alexandra Secondary College Electro-head group worked with the Embassy of Ideas to assist with setting up and trialling the pop up cinema and there has been initial discussions about starting a Youth by Youth Cinema run by young people.</p>	<p>MSC Community Services</p> <p>Ellimatta Whittlesea Secondary College</p> <p>Kinglake Community House</p> <p>Dept. of Education</p> <p>Alexandra Secondary College</p> <p>Yea High School</p> <p>Embassy of Ideas</p> <p>Montville Lane Sessions</p> <p>CRLLEN</p> <p>Valley Sport</p> <p>Murrindindi Library Service</p>	<p>Ongoing</p>	<p>1-4</p>
	<p>Work with young people to develop a leadership development program to improve civic participation.</p>	<p>Council worked with local youth to co-design and promote the new 6 month Council Leadership Program 2020 (postponed to July due to Covid-19), with 10 places available for young people to participate. The Everyday</p>	<p>MSC Community Services</p>	<p>Achieved</p>	<p>3</p>

		Leadership 'in-schools' program supports recruitment for this higher level of participation.			
<p>1.4.2 Improve access to the support young people need</p> <p>Progress measure: Number of initiatives delivered</p> <p>Number of sports clubs engaged in education initiatives</p> <p>Increase in service referrals from schools.</p> <p>Number of partners involved</p> <p>Number of successful outcomes</p>	Support local community initiatives to address existing and emerging issues.	<p>Council supported planning a regional Youth Mental Health forum with the Goulburn Regional Assembly, focusing on voice and lived experience of young people.</p> <p>Council implemented a formal process to accept Structured Workplace Learning (SWL) placements of local VCAL students.</p> <p>FamilyCare delivered Drumbeat program at Flowerdale PS in Term 4.</p>	MSC Community Services Ellimatta CRILEN Alexandra Secondary College Yea High School	Ongoing	1-4
	Advocate for the delivery of flexible youth services	<p>Murrindindi Shire Council was successful in a Creative Victoria State Government Grant, to support delivering creative youth programs which enhance mental wellbeing and health service awareness and access.</p> <p>18 young people engaged in three song writing workshops and 15 young people recorded original songs through a Pop Up Recording studio. The original live concert was cancelled due to Covid-19 restrictions so the end result was #thedindisessions which is an online social media campaign.</p> <p>Murrindindi Shire Council supported the delivery of flexible ongoing youth activities at Ellimatta including employment pathways, STEM programs, Case management services and a Service Referral pathway. 42 young people participated across 4 programs.</p> <p>Murrindindi Shire Council supported Alexandra Secondary College in seeking funding for a psychologist service. Nexus supported a grant application, 'In My Skin' program for youth body image with Ellimatta and Lower Hume Primary Care Partnership.</p>	MSC Community Services Ellimatta Nexus Family Care Berry Street Secondary Schools Montville Lane Sessions Paul Ray	Ongoing	1-4
	Explore the potential to expand Melbourne / Regional based services	An extension of service boundaries is in place until June 2021 to allow residents of the Kinglake Ranges to access mental health services in the Northern region.	MSC Community Services Ellimatta	Achieved	1-3

	into towns (mobile facilities, pop up centres)				
	Promote community education initiatives through sporting environments to target young people	<p>Valley Sport planned for the addition of a Youth Engagement worker (Funded by VicHealth) who will work closely with Valley Sport Staff and local organisations to design and deliver sport and recreation activities/opportunities to local youth.</p> <p>Nexus engaged sports club representatives in the promotion and implementation of the RESPOND project.</p>	Valley Sport Nexus	Ongoing	1-4
	Campaign for Place Based Youth Services that are locally based and delivered	<p>Alexandra Community Hub and the Whittlesea Community Connections continued to deliver the Learner to P Plate driving (L2P) education program funded by State Government.</p> <p>FamilyCare supported Youth Services to develop in local areas and link youth into these existing services through the Child and Family services alliance (previously Child FIRST alliance).</p> <p>A range of training and education opportunities were provided by Community and Neighbourhood Houses and Hubs for young people to support employment including Aged and Disability services training, Barista training, IT training.</p>	MSC Community Services Ellimatta Kinglake Ranges Neighbourhood House FamilyCare	Achieved	3

1.5 - Promote opportunities for people of all ages to connect with and be involved in their community.

Indicator: DHHS Victorian Population Health Survey – COMMUNITY & CIVIC ENGAGEMENT - Proportion of Victorian adults who did not volunteer

VicHealth Indicators Survey – MENTAL WELLBEING

– Perceptions of neighbourhood – this is a close knit neighbourhood

– Low gender equality score

Actions	Key focus area	Progress comments	Responsibility	Achieved/ Achieved in part / Not achieved	Year
<p>1.5.1 Inspire people to be engaged and active</p> <p>Progress Measure:</p> <p>Number of initiatives delivered</p> <p>Number of people attending Library programs</p>	<p>Deliver Library programs and events, which engage, inform, inspire and help connect communities</p>	<p>Library programs have been delivered across all branches until COVID restrictions were in place. While closed the libraries added content created by library staff to a range of online platforms. The content informed and inspired with technical assistance, scientific experiments, reader reviews, staff reviews and recommendations, audio sessions, story time sessions and a webinar. The library continues to inspire and engage the community with an interesting, popular, relevant and up to date collection of material for circulation. This collection was used widely in the Book Butler service used during COVID restrictions.</p>	<p>Murrindindi Library Service</p>	<p>Ongoing</p>	<p>1-4</p>
<p>Number of people engaged in Community and Neighbourhood programs and activities</p>	<p>Support Community and Neighbourhood Houses in relevant ongoing delivery of services to the Community and advocate for funding to support their work in the community.</p>	<p>Murrindindi Shire Council provided quick response grant funding of \$1,000 to support the provision of emergency food relief and other programs during the COVID-19 pandemic.</p> <p>Murrindindi Shire Council provided letters of support for funding applications for various programs for Toolangi Castella District Community House, Alexandra Community Hub and Kinglake Ranges Neighbourhood House.</p>	<p>MSC Community Services Murrindindi Library Service Community and Neighbourhood Houses</p>	<p>Ongoing</p>	<p>3-4</p>
	<p>Deliver programs and initiatives that address specific barriers to participation</p>	<p>Murrindindi Shire Council activated master planning projects for the Eildon Reserve Precinct and the Kinglake Memorial Reserve promoting increased community access for all abilities and aged groups.</p>	<p>MSC Community Services Murrindindi Access and</p>	<p>Ongoing</p>	<p>1-4</p>

		<p>Valley Sport supported clubs to help reduce barriers to participation.</p> <p>Nexus partnered with Voices at the Table to deliver training to embed self-advocates in civic processes.</p> <p>Murrindindi Shire Council launched and continues to operate the DIndi Link program to support people requiring additional support to access services they need through the COVID-19 Pandemic.</p>	<p>Inclusion Committee Nexus Vic Police Valley Sport Alexandra Community Hub</p>		
<p>1.5.2 Remove barriers that restrict people's participation in the community</p> <p>Progress measure: Number of disability access addressed</p>	<p>Deliver initiatives that will make our communities more age friendly.</p>	<p>Murrindindi Shire Council successfully activated the Moving Murrindindi project in partnership with Community Accessibility, with support from State Government funding.</p> <p>Community and Neighbourhood Houses and Hubs continued to offer a range of activities and programs that support aged friendly communities and improved connection for older people across the Shire including community lunches and exercise programs.</p>	<p>MSC Community Services Community and Neighbourhood Houses Vic Police</p>	Ongoing	3-4
<p>Number of age friendly initiatives delivered</p> <p>Number of Self advocacy group led activities</p> <p>Number of inclusion activities</p>	<p>Identify and address disability access issues in conjunction with the Access and Inclusion Committee.</p>	<p>Murrindindi Shire Council Access and Inclusion Committee worked to develop key capital works projects to support increased access for people with all abilities including:</p> <ul style="list-style-type: none"> - Pathway upgrades and missing link works to support continuous paths of travel - Access works at the Yea Shire Hall - Pathway and disability car parking works in Yea <p>The work of the Committee is supported by Nexus Primary Health and Menzies Support Services who provide the expertise and advice through people with lived experience of a disability.</p>	<p>MSC Community Services Murrindindi Access and Inclusion Committee Nexus</p>	Ongoing	1-4
	<p>Implement Council's decision to remove overdue library fines to encourage increased</p>	<p>Council's decision to remove overdue fines has been instrumental in making the collection more accessible and available to the community.</p>	<p>MSC Library Services</p>	Achieved	3

	participation by community in library services.				
	Further promote the Mobile Library and Customer Services to increase usage.	The Mobile library Service continues to deliver a wide range of materials to the 8 remote locations. The service was temporarily suspended during COVID restrictions and patrons offered a delivery service via the Book Butler program. A range of programs to engage with the communities have been offered across the year.	MSC Library Services	Achieved	3
	Promote the inclusion of all people regardless of age, disability, gender identity, sexuality, cultural and/or religious background.	Council successfully delivered the Yea Showgrounds female friendly change rooms project to support and promote female participation in sport. Nexus has launched a Diversity Committee targeting inclusion within Nexus business practices. Terms of reference and action plan has been drafted to both support Rainbow Tick actions as well as improve inclusion.	MSC Community Services Murrindindi Access and Inclusion Committee Nexus	Ongoing	1-4
	Support and empower people of all abilities to advocate for their change in their communities.	Nexus continues to deliver on Self-advocacy initiatives. Currently Speak Up Alexandra would like to advocate for a wheelchair taxi. Speak up Alexandra produced a DVD with the support from Self Advocacy Resource Unit (SARU) now been sent to Commercial Passenger Vehicles Victoria. Still waiting on a response. Representatives from Speak up are actively involved the Access and Inclusion meetings and their input is greatly received. Menzies Support Services promotes and encourages opportunities for advocacy through regular newsletters and social media campaigns. Participants are supported to attend community engagement committees and events to advocate for change they have identified within the community they live.	Nexus Menzies Support Services Speak Up Groups All services	Ongoing	3-4

OUR PLACE

STRATEGIC OBJECTIVE 2:

WE WILL MAINTAIN AND ENHANCE PLACES TO BE ATTRACTIVE AND LIVEABLE, IN BALANCE WITH OUR NATURAL ENVIRONMENT.

Strategy 2.1 - Support recreation opportunities for our residents and visitors that encourage participation and community connections

Indicator: DHHS Victorian Population Health Survey – SOCIAL ISOLATION - High/very high levels of social isolation
 – COMMUNITY & CIVIC ENGAGEMENT - Proportion of Victorian adults who did not volunteer
 VicHealth Indicators Survey – PHYSICAL ACTIVITY – Participation in any organised physical activity
 – Participation in any non-organised physical activity

Actions	Key focus area	Progress comments	Responsibility	Achieved/ Achieved in part / Not achieved	Year
2.1.1 Plan for an appropriate mix of sport and recreation assets to meet community needs Progress measure: Number of clubs engaged	Implement short-term priorities identified in the recreation and open space strategy to address equity and need in the provision of council services.	Murrindindi Shire Council progressed the following projects: <ul style="list-style-type: none"> The Alexandra Youth Precinct Master Plan was endorsed by Council which supported submitting a State Government Grant application and the activation of detail design requirements. The Yea Showgrounds and Flowerdale Spring Valley Recreation Reserve change room upgrade projects where completed which included Council, State, Marysville Foundation and community funding. 	MSC	Achieved	3
	Facilitate localised community conversations	Murrindindi Shire Council activated Master Planning projects for Eildon Reserve Precinct, Kinglake Memorial and	MSC Community Services	Achieved	3

	to support maintenance, service planning and collaboration.	Thornton Recreation Reserves where to generate preliminary ideas to support master plan development. Council successfully delivered the 2019-20 outdoor swimming pool service with over 15,000 visits during the public hours. An aquatic asset audit was conducted to support upgrade and maintenance programming.			
	Engage the community and Sport and Recreation partners to ensure local facility needs can be met and implemented.	Valley Sport continued to provide support to recreation and sporting clubs in Murrindindi Shire including strategic planning support, workshops and volunteer support.	Valley Sport MSC Community Services Vic Police	Achieved	1-4
	Support groups to undertake strategic planning for facilities.	Valley Sport have provided letters of support to local clubs applying for planning facilities funding. Strategic planning assistance is also available to clubs on an ongoing/needs basis.	Valley Sport MSC Community Services	Ongoing	1-3
2.1.2 Explore innovative approaches to promote tracks, trails, sport and recreational opportunities	Develop a policy of the targeted use of Open Space contributions to promote recreational opportunities.	No progress	MSC Planning and Development services	Not achieved	3
Progress measure: Number of promotion activities undertaken	Support the marketing and promotion of local sport and recreation opportunities.	No progress	MSC Community Services	Not achieved	1-4
	Explore partnerships with key stakeholders to identify opportunities for increasing the profile of our cultural attractions e.g. DELWP, Parks Victoria, GBCMA.	Murrindindi Shire Council successfully reached over 2,500,000 people through the "Discover Dindi" social media campaign to support promotion of natural assets across Murrindindi.	MSC Community Services	Achieved	3