

**Murrindindi Municipal Public Health and Wellbeing Plan
2017-2021**

Annual Implementation Plan 2018-2019

OUR PROMISE

Our Promise comprises of a set of guiding values that will direct the work of partner agencies as we work collectively to support the health and wellbeing of the communities and residents in Murrindindi Shire.

As partners to the Health and Wellbeing plan we commit to:

1. Collaborate: Work together and coordinate our efforts to improve health and wellbeing with the community.
2. Innovate: Develop and trial new ideas and create innovative solutions to health and wellbeing priorities.
3. Communicate: Ensure our communities are aware of and involved in creating and supporting programs that meet their needs.
4. Participate: Commit to delivering and monitoring the actions in the Health and Wellbeing Plan 2017-2021.

OUR PEOPLE

STRATEGIC OBJECTIVE 1:

TOGETHER WE WILL CELEBRATE AND ENCOURAGE DIVERSE, CARING AND CONNECTED COMMUNITIES.

Strategy 1.1 – Encourage activities and events that celebrate our vibrant, diverse and creative people and communities

Indicator: DHHS Victorian Population Health Survey – COMMUNITY & CIVIC ENGAGEMENT - Proportion of adults who attended a local community event

Actions	Key focus area	Progress comments	Responsibility	Achieved/ Achieved in part / Not achieved	Year
<p>1.1.1 Promote more community celebrations</p> <p>Progress measure: Number of events delivered</p> <p>Number of community grant applications funded</p>	Support and deliver events that celebrate our diverse communities	<p>Elimatta supported the following events:</p> <ul style="list-style-type: none"> - Youth Art show - 3 Music events including Push start competition and Kinglake fair <p>Murrindindi Shire Council supported the Alexandra Football Netball Club Anzac Spirit and Bushfire Commemoration game and the Walk Against Breast Cancer event as part of the Grants and Contribution program.</p> <p>Murrindindi Shire Council supported a number of festivals and events to celebrate our local communities and attract visitation to our towns.</p>	<p>MSC Community Services</p> <p>ALL Services</p>	Achieved	1-4

<p>Number of events delivered in partnership</p>		<p>Murrindindi Shire Council Library and Family Day Care both held specific activities to support Harmony Day.</p> <p>Tololangi Castella District Community House has delivered a number of community dinners and 10-year anniversary of the 2009 Bushfire events.</p> <p>Darlingford Upper Goulburn Nursing Home, Alexandra District Health and Kellock Nursing Home celebrated International Nurses Day.</p> <p>All services cross promote events and activities.</p>			
<p>1.1.2 Support creative and cultural activities</p> <p>Progress measure: Undertake performing arts project in Yea – number of participants.</p> <p>Number of arts and cultural activities delivered.</p> <p>Number of people attending arts and cultural events</p> <p>Number of events promoted through Council</p>	<p>Actively link young people to community through performing arts, music, performance, recreation and leadership.</p>	<p>The Murrindindi Grants and Contributions program was launched, providing a range of funding streams to access Council funding and support for community events, projects and sponsorships.</p> <p>Young people were supported to develop stage performance and event management experience through a range of Murrindindi Shire Council youth activities, including the Platform Youth Theatre Group, Open Mic nights, Battle of the Bands, Kinglake Country Fair and the Alexandra Farm stay event.</p> <p>Ellimatta and Council worked with young people to deliver the Kinglake Youth Art Show annual art showcase involving 30 young people displaying their art from across the shire. 60 people attended to enjoy the exhibition and musical performances.</p> <p>Total number of key activities and events - 9 Total attendance: Youth – 793 Community – 715</p> <p>Elimatta supported the following events and programs:</p> <ul style="list-style-type: none"> - Open mic sessions x 6 - Youth led and participated in live music and entertainment at the Kinglake country fair - Push start competition preliminaries and final held at Ellimatta – approx. 60pp 	<p>MSC Community Services</p> <p>MSC Community Services Ellimatta MSC Communication Department Community and Neighbourhood Houses Murrindindi Library Service</p>	<p>Achieved</p>	<p>2</p> <p>1-4</p>

<p>communication channels</p> <p>Increase in number of events listed on Council's event portal</p>		<ul style="list-style-type: none"> - Ellimatta Youth art show, 80 entries, which has doubled from the year previous - Pop up recording studio at Ellimatta in partnership with MSC, FreeZa and LLEN – 8 young local musicians attended - Ellimatta in partnership with FamilyCare is delivering DrumBeat, weekly drumming session attracting approx. 10 young people - Leadership program saw 14 young people working with Landcare to build and install nesting boxes <p>Community and Neighbourhood Houses across Murrindindi Shire have offered a range of training and skill building courses in arts and cultural pursuits and offer space for community arts groups to meet and create.</p> <p>Murrindindi Library Service provided 1518 programs, 565 were for adults and 953 programs for young people and children. They included:</p> <ul style="list-style-type: none"> - 1000 Books before school initiative – over 200 children participated - Harmony Day and Simultaneous Reading celebrated at all libraries - Junior French program - Science expo - Holiday Activities conducted at all libraries and mobile locations. - Professional presentation by performer presenting Interactive kid friendly skits and games for children at three branches. - Arnold Zable returned to Kinglake Library 10 years after his initial session encouraging writing as a cathartic process in the community. The sessions were dynamic and productive. - Forged from the Fire- presented in Kinglake library - a unique and important film documenting the transformation that took place among a small team of artisans in the wake of the Black Saturday fires. - Staff from Alexandra and Yea Libraries run regular Library Hour on UGFM interviewing authors to promote the programs and the service 			
--	--	---	--	--	--

		<ul style="list-style-type: none"> - Yea library hosted a popular evening with comedian Dave O'Neil. A range of other talks across the year attracted crowds to the library - Three author visits were provided to smaller towns via the mobile library 			
	Promote, market and enhance opportunities for community involvement in arts and cultural activities.	<p>All activities have been widely promoted via Council's social media platforms and advertised through local media (newspapers and radio), inviting participation from the broader community.</p> <p>Library programs are listed on Facebook and on the library page of Council webpage using a monthly calendar of events.</p>	MSC Community Services Ellimatta MSC Communication Department	Achieved	1-4
<p>1.1.3 Strengthen our relationship with local Aboriginal communities</p> <p>Progress measure: Number of activities and events where Indigenous culture was a focus.</p> <p>Number of joint initiatives undertaken with Aboriginal communities</p>	Recognise and include Aboriginal culture wherever possible, as part of Council initiated, funded or supported events.	<p>A reprint of the Early Years Indigenous Language cards was completed, providing greater access to the resource.</p> <p>Murrindindi Shire Council Family Day Care program has developed a Reconciliation Action plan for the service.</p> <p>An Indigenous yoga session was included in the Murrindindi Children's Network Early Years conference.</p> <p>8 Aboriginal creative arts and cultural programs delivered across the Murrindindi Shire Council Library Service.</p> <p>Council introduced a revised Acknowledgement of Country introductory wording to all Council events.</p> <p>Council installed additional flagpoles at all of our Council Offices to enable the Aboriginal and Torres Strait Islander flags to be flown.</p>	MSC Community Services Murrindindi Library Service	Achieved	1-4
	Strengthen our relationship through communication and joint initiatives.	The Lower Hume Aboriginal Health and Wellbeing Project (LHPCP) worked with Alexandra District Hospital and Eastern Health to run an Aboriginal Children's Health Check Day. Opportunity for Aboriginal families to participate in	MSC Community Services LHPCP Alexandra District Health	Achieved	1-4

		<p>health screening, meet and link-in with workers from different program and services.</p> <p>ADH, in partnership with other providers has formed a working group to deliver a Health Screening day for all ages. Planning for the event is continuing.</p> <p>Murrindindi Shire Council Library Services works with members of the Taungurung Land and Water Council to deliver creative arts and language programs for adults and children. These programs were delivered in Yea, Kinglake and Alexandra Libraries.</p> <p>Council initiated planning with the Taungurung Land and Water Council in relation to signage to recognise the traditional owners of land in the Murrindindi Shire.</p>	Family Care		
	Support and promote Koolin Balit-Djak Strategy and other health initiatives.	<p>The Lower Hume Aboriginal Health and Wellbeing Project Collaborative Meeting was held on-site at Alexandra District Health June 2019 to give workers in the Murrindindi area an opportunity to attend and network with other workers (particularly the Aboriginal workers).</p> <p>Nexus planned the implementation of an integrated HR system which delivers cultural competency training to all staff. Through this system, cultural competency training can be delivered at regular intervals and embedded within our organisation.</p> <p>ADH participated in the Lower Hume Aboriginal Health and Wellbeing Collaborative group Meeting, hosting the June and September meetings.</p> <p>ADH is investigating the use of the screen saver to promote culturally appropriate workplace resources. The screensaver has been presented to LHPCP Service Collaborative as an initiative for adoption by agencies as part of the Integrated Diversity Action Plan.</p>	LHPCP MSC Community Services Alexandra District Health Yea Memorial Hospital Nexus Primary Health	Achieved	1-4
	Raise community awareness of significant	Harmony day was celebrated by Family Day Care educators with children in their care through a range of activities.	MSC Community Services	Achieved	1-4

	cultural dates (NAIDOC week, Reconciliation week)	<p>Y Water Centre planned and hosted a NAIDOC week event.</p> <p>Alexandra District Health organised two NAIDOC functions at ADH.</p> <p>Key NAIDOC week events in Seymour and Yea were promoted to our Lower Hume networks and communities via email and at network meetings.</p> <p>ADH promotes Aboriginal calendar of significant events, displaying these on waiting room notice boards and as handouts at key events.</p> <p>All services support through attending a diverse set of events as well as marketing events through media channels.</p>	All partners		
1.1.4 Use our library facilities and programs to connect and celebrate communities	Collaborate with schools and community to encourage greater participation in library programs and activities	All library branches collaborate with schools, kindergartens and child care groups to host or facilitate school visits Mobile library establishing regular relationship with 3 school, 2 kindergartens and 1 day-care across the small towns.	Murrindindi Library Service	Achieved	2
Progress measure: Number of events and initiatives engaging schools	Explore interest in establishing new 'Friends of the Library' groups in the Shire	Emerging Friends of Kinglake Library (FOLK) formed. Strong FOL groups continue in Alexandra and Yea. These groups manage local bookshops, generating funds. The mobile library has an association with Marysville Book Nest who under the umbrella of Triangle Arts Group have undertaken to financially support library programs in Marysville.	Murrindindi Library Service	Achieved	2
Number of library memberships Number of people using the mobile library service	Re-establish and extend outreach programs and other Council services delivered by the Mobile Customer and Library Service, including to three new locations.	Murrindindi Library Service outreach program to deliver material to those housebound in the community has been extended to include areas around Yea and Kinglake. This program is supported by a team of registered volunteers who deliver the items and interact with the participants.	Murrindindi Library Service	Achieved	2

Strategy 1.2 - Work with community and groups to connect, collaborate and plan for our future.

Indicator: DHHS Victorian Population Health Survey

- SOCIAL & CIVIC TRUST - Do not feel there are opportunities to have a real say on important matters
- COMMUNITY & CIVIC ENGAGEMENT - Proportion of Victorian adults who did not volunteer

Actions	Key focus area	Progress comments	Responsibility	Achieved/ Achieved in part / Not achieved	Year
<p>1.2.1 Help local communities plan for their future</p> <p>Progress Measure: Community planning framework developed</p>	<p>Trial the Community Planning Framework in partnership with the community</p>	<p>We developed and finalised the Community Planning Framework and launched the pilot in Yea, Toolangi and Marysville. Community planning in these locations will continue into 2019-20.</p>	<p>MSC Community Services</p>	<p>Achieved</p>	<p>2</p>
	<p>Support communities to plan for the 10-year anniversary of the 2009 bushfires</p>	<p>Murrindindi Shire Council supported 62 community events and projects through the Victorian Government grants to commemorate the 10th Anniversary of the 2009 Bushfires.</p> <p>Council also worked to support the community in managing media and communications through the 2009 Bushfire Anniversary period including supporting media training for community members.</p> <p>Council worked with the Victorian Government, Lower Hume PCP and Mental Health Service providers including the Australian Mental Health Alliance, Nexus Primary Health and Alexandra District Health to support the local delivery of additional mental health support services for people requiring additional support throughout the anniversary period.</p> <p>ADH, Nexus Primary Health and the Australian Mental Health Alliance all delivered counselling and other support through the Bushfires of 2009 Community Support Group Project.</p> <p>Kinglake Ranges Neighbourhood House developed the Being Well in the Ranges initiative to support access to and provision of local mental health support.</p>	<p>MSC</p>	<p>Achieved</p>	<p>1-2</p>

<p>1.2.2 Strengthen community, sport and recreation groups</p> <p>Progress Measure: Number of workshops delivered to sporting clubs and groups</p> <p>Use of social media to promote clubs and recreation opportunities</p>	<p>Collaborate with government, sporting assemblies and peak bodies to improve sporting and recreation opportunities and facilities</p>	<p>Murrindindi Shire Council officers completed a review and adopted the Recreation and Open Space Strategy to guide service provision. Council officers:</p> <ul style="list-style-type: none"> - Have provided infrastructure and operational support to 6 clubs. - Facilitated conversations between Regional Arts Victoria and the Yea Arts community to support greater collaboration. - Collaborated with community to develop the Alexandra Youth Precinct Masterplan report. 	<p>MSC Community Services</p>	<p>Achieved</p>	<p>1-4</p>
	<p>Improve support to, and collaboration amongst, community groups</p>	<p>Support was provided to community groups through advertising local events on Council social media and through our networks.</p> <p>Valley Sport completed the following activities:</p> <ul style="list-style-type: none"> - 15 different sporting clubs/organisations supported directly through phone, email or in person. - Community RSA Course delivered at Marysville Golf & Bowls Club - Good Sports Program delivered to 5 different clubs - Gender Equality Program delivered to Thornton Eildon Football Netball Club - Promotion of grants, grant writing workshops and activities on VS social media & website platforms <p>Nexus supports the community initiated Heart Foundation walking group that runs in Kinglake though advertising on media platforms as well as supporting the walking co-ordinator.</p> <p>A number of key partners assisted in the promotion of 'This Girl Can' initiative to promote the benefits and inclusion of women and girls in sport.</p>	<p>MSC Community Services Valley Sport Nexus Vic Pol MSC Community Services</p>	<p>Achieved</p>	<p>1-4</p>
<p>1.2.3 Promote and encourage volunteering</p> <p>Progress measure:</p>	<p>Investigate collaborative approaches to volunteer recruitment, engagement and training</p>	<p>Volunteer Murrindindi website continues to operate and received a promotion boost through the Rivers and Ranges Community Leadership Program.</p>	<p>MSC Community Services Kinglake Ranges Neighbourhood House Murrindindi Library Service</p>	<p>Achieved</p>	<p>2-4</p>

<p>Number of new volunteers engaged by Council</p> <p>Number of people accessing Volunteer Murrindindi</p> <p>Celebration / events jointly held</p>	<p>Coordinate volunteer celebration and acknowledgement events</p>	<p>Alexandra District Health acknowledges volunteers as part of their Annual General Meeting in November.</p> <p>A volunteer celebration for all Council volunteers was undertaken in May to celebrate the contribution of our volunteers make to the community and our services.</p> <p>Additionally, Murrindindi Library services provided a celebration for library volunteers to thank them for their hard work throughout the year.</p> <p>Yea and District Memorial Hospital provided a lunch to celebrate and thank their volunteers.</p>	<p>MSC Community Services Kellock Lodge Alexandra District Health Community and Neighbourhood Houses Murrindindi Library Service</p>	<p>Achieved in part</p>	<p>2</p>
	<p>Introduce new volunteer opportunities to support delivery of Council's Community Services</p>	<p>The Moving Murrindindi project has provided a new volunteering opportunity for community drivers, in partnership with Community Accessibility.</p> <p>Murrindindi Library Service maintains a team of 87 registered volunteers. Opportunities for volunteer roles continues to grow with program support, story time, craft sessions, music events, science events, delivery of housebound items, assist in the FOL bookshops, cooking, sewing and assist with transporting members to and from library events</p>	<p>MSC Community Services</p>	<p>Achieved</p>	<p>1-2</p>
	<p>Promote volunteering and support groups to recruit and support volunteers</p>	<p>LHPCP has 2 staff members participating in the 2018 Rivers & Ranges Community Leadership Program worked with a project team to provide support to the Kinglake Ranges Neighbourhood House to promote and raise the profile of the Volunteer Murrindindi online resource to strengthen community engagement, reduce isolation, preserve and share skills and knowledge.</p> <p>Valley Sport have provided general volunteer support resources and tools to various sporting clubs/organisations across Murrindindi Shire, particularly in the voluntary roles on club committees.</p>	<p>MSC Community Services Valley Sport Kinglake Ranges Neighbourhood House</p>	<p>Achieved</p>	<p>1-4</p>

Strategy 1.3 - Work with Partner agencies to ensure people of all ages can access the health and community services they need.

Indicator: DHHS Victorian Population Health Survey – HEALTH & WELLBEING - Self-reported health status - Fair/poor
 – FRUIT & VEG CONSUMPTION - Did not meet dietary guidelines for either fruit or vegetable consumption
 – PHYSICAL ACTIVITY - Insufficient time and sessions
 – BODY WEIGHT STATUS - People reporting pre-obese (overweight) or obese

VicHealth Indicators Survey – GENERAL WELLBEING – Subjective wellbeing
 Australian Early Development Census (AEDC) data

Actions	Key focus area	Progress comments	Responsibility	Achieved/ Achieved in part / Not achieved	Year
<p>1.3.1 Encourage provision of services that meet community needs.</p> <p>Progress Measure: Number of professional development / community information sessions conducted.</p>	<p>Coordinate professional development and community information sessions on priority issues</p>	<p>Murrindindi Children’s Network conducted the fifth annual Early years conference with inclusion as the key conference theme, over 75 delegates from across Murrindindi Shire attended.</p> <p>Murrindindi Shire Council organised presentations as part of the Children’s Services Network meetings from community/family services to community.</p> <p>An author session on child raising was held in the Kinglake Library.</p>	<p>MSC Community Services</p>	<p>Achieved</p>	<p>2</p>
<p>Number of advocacy activities undertaken.</p> <p>Number of community engagement activities undertaken.</p>	<p>Advocate for flexible and equitable delivery of services, including medical and specialist services across Murrindindi Shire</p>	<p>Murrindindi Shire Council coordinated a forum with schools and youth service providers to explore how we can collaborate to improve youth resilience and mental health in May.</p> <p>Murrindindi Library Service mobile undertook a disability access assessment with Nexus Primary Health to ensure equitable access.</p> <p>Murrindindi Library Service has participated widely in the Libraries Change Lives state-wide initiative. Contributed to collection of stories from members who shared stories of how</p>	<p>All services</p>	<p>Achieved</p>	<p>1-4</p>

		<p>the library has impacted their life. Yea and Alexandra have branded their space with Libraries Change Lives banner.</p> <p>Ellimatta staff have attended 4 professional development days this year and a Communities in Control conference to gain skills and ideas in creating strong, equitable community with professional services available.</p> <p>Nexus in a successful bid for the After Hours project has extended GP services in the Kinglake Region.</p> <p>Nexus continues to provide new and existing GP, Allied health, mental health, drug and alcohol, children's and FV services in Murrindindi.</p> <p>Alexandra District Health maintains access to 24 medical specialists who provide consultation and/or surgery or diagnostic services at ADH.</p> <p>LHPCP and participating agencies (Alexandra District Health, Yea and District Memorial Hospital, Nexus Primary Health, Family Care and Murrindindi Shire Council) undertook a gap analysis for mental health services with the shire. The next phase of the project is to attract funding to implement a stepped model of care.</p> <p>Council has advocated with State and Federal Governments to improve funding for and access to Mental Health Services, particularly acute services.</p>			
	<p>Ensure services are welcoming, inclusive and accessible to all people in Murrindindi Shire</p>	<p>Nexus' Rural Access worker supported 4 neighbourhood houses as well as other local community hubs using the Good Access = Good Business Framework to become more accessible for people with disability.</p> <p>In partnership with Rotary and Council, Nexus has supported the installation of 6 ramps across the Shire to improve access to local business.</p> <p>Nexus' Rural Access worker supported 4 neighbourhood houses as well as other local community hubs using the</p>	<p>All services</p>	<p>Achieved</p>	<p>1-4</p>

		<p>Good Access = Good Business Framework to become more accessible for people with disability.</p> <p>Nexus Primary Health is progressing through the Rainbow Tick accreditation process across all service sites.</p>			
	Educate the community and organisations around creating a culturally safe spaces and promoting cultural responsiveness	<p>Ellimatta engaged a volunteer from Buenos Aires and placement student from India, supporting their ongoing work in making their space culturally safe and appropriate.</p> <p>The Lower Hume Service Development Collaborative (LHPCP) worked with Yea and Alexandra Hospital's to review and update their Aboriginal Health Cultural Competency Action Plans.</p> <p>Lower Hume Primary Care Partnership promoted and distributed the 'Making your workplace culturally safe, respectful and welcoming' information and resources.</p> <p>Nexus' Diversity Officer supported 4 neighbourhood houses as well as other local community settings through educating people as well as changing the local environment to be more inclusive for people with diverse needs and interests.</p> <p>Alexandra District Health Consumer Advisory Committee is a subcommittee of the Board of Directors and provides advice to the Board and ADH ensuring the consumer voice is heard and is pivotal in decision making.</p>	All services	Achieved	1-4
	Engage with the community to understand their needs and priorities.	<p>Murrindindi Shire Council conducted 3 sporting and recreation based consultations; 6 youth consultations; and a number of place based consultations to support planning and project design to better meet the needs of the community.</p> <p>Ellimatta staff attend many community meetings throughout the year and maintain regular contact with local schools to help understand community needs and priorities.</p>	MSC Community Services All services	Achieved	1-4

		<p>Murrindindi Shire Council have undertaken Kindergarten central enrolment project to determine the feasibility of a central enrolment point for all kindergartens.</p> <p>Les Twentyman presented a session at Kinglake and Yea Libraries discussing the stressors affecting young people</p> <p>An author presentation was conducted at 2 libraries on strategies to understand depression and anxiety</p> <p>Valley sport undertake an annual club health check with recreation clubs and groups, this provides an opportunity to assess local needs and direct project resources to address these needs.</p>			
	<p>Work together to promote services available.</p>	<p>Ellimatta promotes the services and programs offered by Kinglake Ranges Neighbourhood house, MSC, Bluelight, FamilyCare and Nexus health and any other programs if we can. We do this through our facebook page and individual referrals.</p> <p>Lower Hume Diabetes Collaborative have developed and distributed within their health service, as well as to G.P's and pharmacies local brochures for Diabetes services, High-risk foot services and Life Program services available across Lower Hume.</p> <p>ADH, Nexus, Lower Hume Aboriginal Health and Wellbeing Project and Murrindindi Shire Council participated in the FireFoxes Women's Health event in Yea providing information on services available for women.</p> <p>ADH works with other services to raise awareness of availability of services and in addition promotes services and events across Murrindindi through the ADH Facebook page, website and through coverage on their scheduled local radio station programs.</p> <p>Local providers of Mental Health Services worked together with the LHPCP, State Government, Murrindindi Shire Council and the Australian Mental Health Alliance to</p>	<p>MSC Community Services All services</p>	<p>Achieved</p>	<p>1-2</p>

		develop and implement communications to promote additional mental health services to the community throughout the 10-year commemoration of the 2009 bushfires.			
	Advocate for Mental Health support services for better referral and access pathways to services, both locally and regionally.	<p>A forum coordinated by Murrindindi Shire Council took place in May to explore models of improved mental health education and support for young people (Live for Life program). Partner agencies including Alexandra District Health, Ellimatta Youth Services, Nexus Primary Health attended the forum.</p> <p>Lower Hume Primary Care Partnership (PCP) completed a review of the current mental health system and produced a report <i>Strengthening Supports for Mental Health across Lower Hume</i>. Member organisations are committed to pursuing an Enhanced Stepped Care Model for mental health and project funding is being sourced to progress this service system improvement.</p> <p>14 organisations across Mitchell and Murrindindi shires partnered to form a working group and plan for a response around the 10th anniversary of the 2009 bushfires. Partners coordinated to attend 28 local events, including 18 commemorative events, to promote referral pathways and offer support to over 2,000 people. 3 mental health first aid training sessions were provided and online training distributed across extensive health professional networks. 18 people were referred into mental health services. Referrals were predominantly from Murrindindi Shire and 56% (n=10) were via self-referral. 28% (n=5) chose to access telephone support and the remaining 13 people accessed local providers. 11% (n=2) were stepped up into PHN funded services for ongoing support following their 4 initial sessions.</p> <p>The referral process for the 2009 Bushfire Community Support initiative has been built into Health Pathways to support ongoing access to mental health services.</p>	MSC Community Services All services	Achieved	2-4

		<p>Nexus has worked alone and with the LHPCP to identify current mental health services and propose a model based on the Stepped Model of Care that would be more accessible to the community.</p> <p>Joined consortia for the Murray and Eastern Melbourne PHN Mental Health Stepped Care programs and provide services across Murrindindi.</p> <p>ADH is actively advocating for access to more flexible mental health services, including telehealth consultations.</p>			
1.3.2 Strengthen local aged and disability services.	Coordinate the Murrindindi Aged and Disability Service Providers Network	The Murrindindi Aged and Disability Service Providers Network has met regularly over the past 12 months to share information and progress a workforce innovation project.	MSC Community Services	Achieved	1-4
Progress measure: Number of collaborative projects to support Aged Service delivery	Determine Council's future role in the delivery of aged and disability services beyond 2030	Upon completing a comprehensive review, Murrindindi Shire Council decided to withdraw from the direct delivery of aged and disability services by the end of 2019. Council will undertake a full transition process with the new provider/s once announced by the Federal Government to ensure the needs of our community continue to be met.	MSC Community services	Achieved	2
Complete scoping study of industry training needs	Progress opportunities to strengthen and sustain local service delivery	<p>Menzies Support Services, Murrindindi Shire Council, Alexandra District Health, Yea and District Memorial Hospital, Kellock Lodge and Darlingford Nursing Home have collaborated to develop a Workforce training and development program that will support the attraction and retention of direct care staff to support the growing needs of the community.</p> <p>Valley Sport have continued to provide physical activity opportunities specifically for persons with a disability, allowing for local services (particularly MSS) to successfully offer participation opportunities as a mode of service delivery.</p> <p>Nexus maintains partnerships with ALEXANDRA COMMUNITY HUB, Yea, Kinglake Ranges,</p>	MSC Community Services Menzies Support Services Alexandra District Health Yea and District Memorial Hospital Kellock Lodge Darlingford Nursing Home Community and Neighbourhood Houses Valley Sport	Achieved	1-3

		<p>Toolangi/Castella and Flowerdale neighbourhood houses to support their work.</p> <p>ADH has engaged in a partnership with Menzies Support Services in working collaboratively in NDIS service delivery.</p> <p>Toolangi Castella District Neighbourhood House successfully applied for additional coordination resources to sustain their local operations.</p> <p>Murrindindi Shire Council Library Services have broadened their outreach program to housebound library patrons, continued to provide Tech Talk at Libraries to upskill seniors in the use of their device and have held Social Seniors workshops in libraries to engage with social media.</p>			
	Build capacity of staff and the community to prepare for the Aged Care and Disability Services reforms	<p>Nexus Primary Health partnered with Amaze, VALID and NDIS to deliver NDIS readying information sessions across the area.</p> <p>Murrindindi Shire Council undertook five community information sessions detailing Council's decision to withdraw from the direct delivery of Aged and Disability services, information was provided on the aged and disability reforms as part of these sessions.</p>	<p>Murrindindi Shire Council Menzies Support Centre Nexus Valley Sport Darlingford Nursing Home</p>	Achieved	1-2
	Work to sustain relevant roles and programs	<p>Nexus received DHHS funding under Disability Advocacy Futures Grant for the Nexus Advocates Project. This project will continue with Speak Up Alexandra as well as form a high cognition disability advocacy group and a carers advocacy group. This will be done in tandem with Mitchell and Strathbogie Shires.</p> <p>Murrindindi residents participated in the Disability Advocacy Futures steering committee, which drives all Nexus Advocacy actions.</p> <p>Toolangi Castella District Community House have provided opportunities for feedback at each of their community dinners assisting them to bring a variety of new courses to the community.</p>	<p>Nexus MSC Community Services ALEXANDRA COMMUNITY HUB Yea Community House Flowerdale Community House\ Toolangi Castella District Community House Kinglake Ranges Neighbourhood House</p>	Achieved	1-4

<p>1.3.3 Promote programs that encourage active lifestyle and access to healthy food</p> <p>Progress measure: Number of events, initiatives delivered. Number of community members engaged</p>	<p>Collaborate with partner agencies, community and young people to promote active living and healthy eating</p>	<p>92 Youth have attended the following activities run by Ellimatta and Murrindindi Shire Council with an active living and healthy eating focus:</p> <p>Regular weekly programs – 2</p> <ul style="list-style-type: none"> - Kinglake weekly Drop In (inc. cooking) - Kinglake weekly Youth Pilates <p>One off events/activities – 8</p> <ul style="list-style-type: none"> - EOI School Holiday Youth Retreat - School Holiday program days - Everyday Leadership program <p>The Children’s Services Network facebook page promoted active living and healthy eating through a series of posts.</p> <p>Murrindindi Shire Council completed the Walk to School program with 6 primary schools, the program has a string emphasis on increasing activity levels of children and healthy eating.</p> <p>Lower Hume Primary Care Partnership facilitated the Smiles 4 Miles Program, which is delivered in Murrindindi Shire at 6 early childhood services and 23 Murrindindi Family Day Care educator settings. Currently 5 early childhood services and 16 Murrindindi Family Day Care educators are awarded for the Smiles 4 Miles program, giving Murrindindi Shire a 72% award rate. In 2019 13 Murrindindi Family Day Care educators and 14 educators from 5 early childhood services completed Smiles 4 Miles training (either online or face to face with coordinator).</p> <p>Alexandra District Health, Nexus Primary Health and Yea and District Memorial Health with Lower Hume Primary Care Partnerships are lead agencies in the Respond Project to improve the health of children and youth through increased physical activity and improved healthier eating.</p>	<p>MSC Community Services LHPCP Alexandra District Health Yea and District Memorial Hospital Nexus Community and Neighbourhood Houses Valley Sport</p>	<p>Achieved</p>	<p>1-4</p>

		<p>This is a 5 year public health research project with Latrobe University</p> <p>Toolangi Castella District Neighbourhood House have partnered with Nexus Primary Health to deliver activities for children at Community Food Swaps.</p>			
Ensure diverse and sustained community participation in the RESPOND forums and in development of a community action plan to support an increase in healthy eating and physical activity of children in Murrindindi Shire.	<p>LHPCP Prevention Collaborative worked together to build our understanding and capacity in Systems process. Eight collaborative members attending a 2-day training and 8x2 hr sessions to support the Deakin Systems rollout of the RESPOND project. Two communities have been identified as most 'ready' to trial RESPOND process, and two Leader workshops in each community were held in Alexandra and Yea.</p> <p>Alexandra District Health is the lead agency in the Respond Project in Murrindindi working with 6 schools in the Murrindindi Shire to improve the health of children and youth through increased physical activity and improved healthier eating. This is a 5 year public health research project with Deakin University</p>	<p>LHPCP Alexandra District Health Yea and District Memorial Hospital Nexus</p>	Achieved	2-4	
Promote initiatives and programs funded to deliver healthy eating and physical activity services to Murrindindi Shire	<p>Ellimatta run weekly cooking classes focusing on creating healthy meals that the young people (approx. 10 each week) can then cook at home.</p> <p>Ellimatta run weekly youth Pilates classes for up to 5 youth aged 18 – 25 years</p> <p>Partners promoted Nude Food Day, Premiers Active April Challenge, H30 challenge, Walk to School Month, World Breastfeeding Week, Dental Health Week and Nutrition Week to all our networks via email and at network meetings.</p> <p>Nexus supports the community initiated Heart Foundation walking group that runs in Kinglake though advertising on media platforms as well as supporting the walking co-ordinator.</p>	<p>All services</p>	Achieved	1-4	

		Community Houses in Yea, Alexandra and Kinglake provided food swap programs to improve access to fresh food and produce.			
	Engage community to explore lead and develop a transport and access plan (possible outcome of the RESPOND project or the community planning framework with local communities)	Two of the three RESPOND community consultations were conducted with excellent attendance and community engagement. Alexandra District Health, Nexus Primary Health, Yea and District Hospital, Council and Lower Hume Primary Care Partnership worked together to facilitate and organise these consultations. The data analysis being undertaken by Deakin will be available in the 19/20 year.	LHPCP MSC Community Services Nexus Yea and District Memorial Hospital Alexandra District Health	Achieved	
1.3.4 Support healthy and happy children and families	Progress the Children's Physical Health and Wellbeing initiative through the Murrindindi Children's Network	Planning commenced to implement the Physical Health and Wellbeing component of the Victorian Healthy Achievement Program, this will be completed next year. Once this component of the achievement program is implemented, Murrindindi Shire Council Family Day Care educators will be fully accredited under the program.	MSC Community Services	Achieved	2-3
Progress measure: Number of children receiving HBCC	Support the delivery of high quality, flexible child care and children's services across Murrindindi	Ellimatta in partnership with Council delivered school holiday programs, which attracted approximately 60 young people from across the Shire. Murrindindi Shire Council has experienced a steady increase in effective full time child care places delivered through the Family Day Care program (routinely over 90 each week) including before and after school care and in venue care. Maternal and Child Health Services promoted playgroups and operated new parent programs across the Shire in partnerships with playgroup and libraries.	MSC Community Services Ellimatta Flowerdale Community House	Achieved	1-4
Number of school holiday programs and people attending	Support and promote the delivery of family support services across Murrindindi	Nexus engaged a Theraplay® clinician maintaining a presence in Alexandra. Murrindindi Shire Council have worked with Buxton Primary School and the Kinglake Ranges Neighbourhood House to deliver the Facilitated Playgroup program, operating weekly-facilitated playgroups (including bush playgroup).	Familycare Nexus MSC Community Services	Achieved	1-4
Benchmarks are achieved in the Victorian Healthy Achievement Program – Mental Health category					

		Maternal and Child Health service continued to provide enhanced home visiting to vulnerable families including referral to family support services where required.			
	Provision of education programs to support children and families	<p>The Parent Education Early Partnership program is being delivered in Kinglake. Supported playgroups in Kinglake and Buxton.</p> <p>Facilitated playgroups, supported by Murrindindi Shire Council have been established in Kinglake and Buxton.</p> <p>FamilyCare have partnered with Murrindindi Shire Council and Kinglake Ranges Children's Centre to deliver the Parent Early Education Partnership (PEEP) group, supporting parents and children to learn together.</p> <p>Family Care introduced the Drum Beat program providing individual and group programs to build connection between young children and caregivers.</p>	MSC Community Services Murrindindi Children's Network	Achieved	1-2
	Support Home Based Child Care educators to achieve the Healthy Achievement Program's Mental Health benchmarks and Smiles 4 Miles award.	Home Based Child Care educators attained the Mental Health achievement benchmark and continued to meet the Smiles 4 Miles program accreditation. Other Health Achievement benchmarks of Alcohol and Tobacco including were also reached by Family Day Care educators.	MSC Community Services	Achieved	1-2
	Work with key partners to prevent family violence	<p>The Lower Hume 16 Days of Activism initiative was the first collaborative approach to raising awareness of the need for gender equality to prevent violence against women across Mitchell and Murrindindi shires. Bought together by Lower Hume PCP, organisations with varying levels of experience in the promotion of gender equality shared ideas and combined resources which in turn increased the reach and alignment of key messages.</p> <p>A joint funding application to the Hume Dhelk Dja enabled additional resourcing to further spread the local slogan 'we work for gender equality'.</p>	Nexus MSC Community Services Familycare	Achieved	2-4

		<p>Initiatives took place throughout the 16 days to raise awareness of the need for gender equality. Local media releases and social media campaigns were delivered, a community afternoon tea with presentation on gender equality, real estate boards with key messages at town entries, a leadership for gender equality presentation to key health and human service leaders at the Lower Hume Primary Care Partnership (PCP) annual meeting, as well as the distribution of coffee cups, chocolates and flyers with key messages through a partnership with a local coffee van, Mobile Café Amore.</p> <p>The use of multiple communication methods and involvement of over 10 organisations enabled key messages to reach more than 11,000 people across Mitchell and Murrindindi shires. The reach of gender equality messages were considerably enhanced through the use of multiple Facebook pages (139 Facebook posts).</p> <p>Project outcomes included an increased awareness of the need for gender equality, with 81% of people who attended the afternoon tea event agreeing that they had increased their understanding of gender equality. Additionally, project partners increased their confidence in applying a gender lens to their work and 50% have developed or updated policies to promote gender equality. As a result of the collaborative effort there has been a commitment to continue to work in partnership to promote gender equality beyond the 16 days of activism.</p> <p>Nexus has been increasing profile and presence of family violence workers through attending events and committee as well as education within Alexandra, Yea, Kinglake and Toolangi.</p> <p>Nexus has undertaken planning to deliver the Connect Program for young women in Yea High School for prevention of family violence.</p>			
--	--	---	--	--	--

		<p>Murrindindi Shire Council actively participate in the Family Violence Community of practice and became a member of the Goulburn Family Violence Executive.</p> <p>Murrindindi Shire Council Maternal and Child Health services conducted healthy relationship sessions as part of new parents groups and began planning for the introduction of a Dad's Group.</p> <p>FamilyCare are a part of the Family Violence Network Alliance and work in collaboration with Nexus Family Violence Service and Police to respond to families experiencing family violence.</p>			
--	--	---	--	--	--

Strategy 1.4 - Create a positive environment that supports our young people to grow, participate and be happy.

Indicator: DHHS Victorian Population Health Survey – PSYCHOLOGICAL DISTRESS - High/very high levels of psychological distress

VicHealth Indicators Survey – MENTAL WELLBEING – Resilience

Actions	Key focus area	Progress comments	Responsibility	Achieved/ Achieved in part / Not achieved	Year
<p>1.4.1 Encourage young people to participate and lead</p> <p>Progress measure:</p> <p>Number of programs delivered</p> <p>Number of young people engaged</p>	<p>Collaborate with young people to design and deliver local initiatives and programs</p>	<p>Murrindindi Shire Council involved young people in the development of some of the following programs with the goal of empowering youth to become the drivers of more youth initiatives:</p> <ul style="list-style-type: none"> • Collaboration with Ellimatta Youth Inc. to develop relationship/leadership workshops for the Kinglake district Primary Schools and Whittlesea Secondary College. The 'Resilient Relationships & The Kindness' Project involved 4 sessions with over 200 students • Developed an Everyday Leadership program with local Student Support Services Officer to support youth resilience and self-direction, and to generate broader participation in the community. So far, the program has run 4 sessions with 50 students. Further sessions will be conducted in the next financial year. • We worked with young people to support them to create and deliver flexible youth activities across the Shire including the Alexandra Youth Drop In, the Kinglake Youth Drop In, Pop Up recording studio sessions, School Holiday Programs and Employment Pathways support. A total of 52 sessions in youth spaces were conducted with over 80 young people. • Facilitated the participation of 20 Murrindindi youth in the GRIP and Halogen Leadership Conferences in Melbourne CBD. <p>The Alexandra Library continued to support the Junior Friends of the Library.</p>	<p>MSC Community Services</p> <p>Elimatta Whittlesea Secondary College Kinglake Community House Dept. of Education Alexandra Secondary College Yea High School Embassy of Ideas Montville Lane Sessions CRLLEN</p> <p>Valley Sport Murrindindi Library Service</p>	<p>Achieved</p>	<p>1-4</p>

		<p>Ellimatta has consulted with young people to deliver weekly structured programs based on cooking, art, music and games. Approx. 12 people attend weekly.</p> <p>Ellimatta has set up a code club and makers space (STEM) which runs 3 x weekly sessions approx. 7 people per session.</p> <p>Ellimatta runs a fortnightly Girls group with activities designed after consultation with young people.</p>			
	Explore the potential to build youth resilience through leadership development groups	<p>Murrindindi Shire Council's leadership programs are reaching most early to middle high school aged young people in the shire (Yr 7 -10). The aim is to promote leadership as a choice and as something that is available to everyone. Planning began to support 10 young people to participate in a camp to co-design a pilot Leadership development program.</p> <p>MSC & Ellimatta have designed and delivered The Steer leadership program in partnership with young people. They have taken on the Kinglake FReeZA activities. The group of 5 young leaders have put on 3 community events and 6 Open Mic nights.</p> <p>Rotary clubs offered sponsorships for youth exchange to build resilience and expand the experience of local young people.</p>	MSC Community Services	Achieved	1-2
1.4.2 Improve access to the support young people need	Plan local community initiatives to address existing and emerging issues e.g. Alcohol and other drugs/mental health forums, youth engagement and participation	<p>Participation in Council's Youth Services programs provides an access point for service referral. 3 young people have accessed services this way.</p> <p>Ellimatta has run community engagement programs for young people to be involved in. In school leadership program (x2) youth art show, youth music events (x 3).</p>	MSC Community Services Ellimatta	Achieved	1-4
Progress measure: Number of initiatives delivered	Advocate for the delivery of flexible youth services	Murrindindi Shire Council coordinated a Mental Health workshop with 19 service providers focusing on improving mental health outcomes for young people in Murrindindi Shire.	MSC Community Services Ellimatta Nexus	Achieved	1-4

<p>Number of sports clubs engaged in education initiatives</p> <p>Increase in service referrals from schools.</p> <p>Number of partners involved</p>		<p>Council also supported a young person to present at a panel for the Local Learning Employment Network AGM to advocate on 'what youth need to succeed in the Murrindindi Shire'.</p> <p>FamilyCare partnering with the Bridge Youth Services through the Child and Family Services Alliance and child FIRST the alliance advocated for the delivery of flexible services to Murrindindi Shire.</p>	<p>Family Care Berry Street Secondary Schools</p>		
<p>Number of successful outcomes</p>	<p>Explore the potential to expand Melbourne / Regional based services into towns (mobile facilities, pop up centres)</p>	<p>Employment and enterprise hub and outreach service was set up at Ellimatta in partnership with Kinglake Ranges Neighbourhood House to support people in seeking employment, education and enterprise opportunities. Approx. 40 people supported this event.</p>	<p>MSC Community Services Ellimatta</p>	<p>Achieved</p>	<p>1-3</p>
	<p>Promote community education initiatives through sporting environments to target young people</p>	<p>Valley Sport delivered the Good Sports Program to 5 clubs in Murrindindi Shire Valley Sport provided information on social media and by request to clubs regarding Child Safe Standards</p>	<p>Valley Sport Nexus</p>	<p>Achieved</p>	<p>1-4</p>
	<p>Increase partnership and awareness of services in schools</p>	<p>Ellimatta has partnered with MSC to deliver in school programs to six schools. Programs include Leadership programs at three schools, Resilient Relationships at two schools and Kindness program at one school. Over 400 students participated across these programs.</p> <p>FamilyCare have an ongoing working relationship with schools through child FIRST and the Family Support Services.</p> <p>Menzies Support Services and Darlingford Upper Goulburn Nursing Home provided work experience opportunities to local youth.</p>	<p>Family Care Secondary Schools Ellimatta</p>	<p>Achieved</p>	<p>1-2</p>

	<p>Campaign for Place Based Youth Services that are locally based and delivered</p>	<p>Ellimatta youth worker is on the Toolangi- Castella Community Planning committee advocating for an increase in local youth services, supports and opportunities.</p> <p>FamilyCare supported Youth Services to develop in local areas and link youth into these existing services through the Child and Family services alliance (previously Child FIRST alliance).</p> <p>L2P learner driver program secured funding for a further three years, managed by Alexandra Community Hub.</p> <p>A range of training and education opportunities were provided by Community and Neighbourhood Houses for young people to support employment including Aged and Disability services training, Barista training, IT training.</p>	<p>MSC Community Services Ellimatta Kinglake Ranges Neighbourhood House FamilyCare</p>	<p>Achieved</p>	
--	---	---	---	-----------------	--

1.5 - Promote opportunities for people of all ages to connect with and be involved in their community.

Indicator: DHHS Victorian Population Health Survey – COMMUNITY & CIVIC ENGAGEMENT - Proportion of Victorian adults who did not volunteer

VicHealth Indicators Survey – MENTAL WELLBEING

– Perceptions of neighbourhood – this is a close knit neighbourhood

– Low gender equality score

Actions	Key focus area	Progress comments	Responsibility	Achieved/ Achieved in part / Not achieved	Year
<p>1.5.1 Inspire people to be engaged and active</p> <p>Progress Measure:</p> <p>Number of initiatives delivered</p> <p>Number of people attending Library programs</p>	<p>Deliver Library programs and events, which engage, inform, inspire and help connect communities</p>	<p>1518 programs were delivered in libraries across Murrindindi with attendance of 12,154 people, 2249 of these were children or young people.</p> <p>Outreach programs were conducted to engage with readers including 9 events presented in smaller communities, 10 in Alexandra Library, 9 in Kinglake Library and 10 in Yea Library.</p> <p>The new Library and Customer Services was officially launched at Toolangi with over 100 attendees with children engaged with a range of science experiments</p>	<p>Murrindindi Library Service</p>	<p>Achieved</p>	<p>1-4</p>
<p>Number of people engaged in Community and Neighbourhood programs and activities</p>	<p>Support Community and Neighbourhood Houses in relevant ongoing delivery of services to the Community</p>	<p>Community and Neighbourhood Houses have worked with Murrindindi Shire Council to support the delivery of On the Couch library events, participated in a range of networks including the Kinglake Early Years Services Network, and have supported the design and development of the Moving Murrindindi Community Transport Program.</p> <p>Letters of support and grant writing support were provided to advocate for applications of funding for new programs at Community and Neighbourhood Houses.</p>	<p>MSC Community Services Murrindindi Library Service Community and Neighbourhood Houses</p>	<p>Achieved</p>	<p>1-4</p>
	<p>Deliver programs and initiatives that address specific barriers to participation</p>	<p>Murrindindi Shire Council undertook community consultation (including the Access and Inclusion Committee) on several topics including:</p> <ul style="list-style-type: none"> • The Kinglake Ranges Streetscape project • Grants and Contributions Programs • Recreation and Open Space Strategy 	<p>MSC Community Services Murrindindi Access and Inclusion Committee Nexus</p>	<p>Achieved</p>	<p>1-4</p>

		<ul style="list-style-type: none"> Alexandra Rotary Park Playground & Skate/BMX Park Community Planning Swimming Pools. <p>Valley Sport delivered the following programs:</p> <ul style="list-style-type: none"> Delivery of Get Fit Get Active All Abilities Athletics Day in Alexandra (November) Gender Equality Project delivered to 1 club in Murrindindi Shire <p>Kinglake Library facilitated individual sessions, and cater for individual needs during our usual Storytime sessions, for children with disabilities. The staff researched books, songs and activities that were be appropriate for the ability of these individual children. These sessions were adapted into usual Storytime sessions if the child could attend.</p>	Vic Police Valley Sport ALEXANDRA COMMUNITY HUB		
<p>1.5.2 Remove barriers that restrict people's participation in the community</p> <p>Progress measure: Number of disability access addressed</p> <p>Number of age friendly initiatives delivered</p> <p>Transport forums delivered</p>	Deliver initiatives that will make our communities more age friendly.	Murrindindi Shire Council received funding from the Victorian Government to implement the Moving Murrindindi Community Transport program. The program will roll out September 2019 with volunteer drivers supporting people to access medial and other appointments and major transport hubs in surrounding areas. Community and Neighbourhood Houses have supported project promotion and planning.	MSC Community Services Community and Neighbourhood Houses Vic Police	Achieved	1-2
	Identify and address disability access issues in conjunction with the Access and Inclusion Committee.	Murrindindi Shire Council have undertaken a range of capital works projects to improve access to parking, shops and continuous paths of travel across Murrindindi.	The Murrindindi Shire Council Access and Inclusion group continue to meet on a six weekly basis to advise Council on key access issues. The Committee is supported by Nexus, Menzies Support Services, Speak Up Alexandra, Community Accessibility and community representatives. The Access and Inclusion committee have participated in the planning of capital works projects to improve disability parking and footpath access in Yea for the 2019/20 year.	MSC Community Services Murrindindi Access and Inclusion Committee Nexus	Achieved

	<p>Promote the inclusion of all people regardless of age, disability, gender identity, sexuality, cultural and/or religious background.</p>	<p>Nexus commits to making services inclusive for all regardless of age, ability, gender, sexuality, cultural or religious background.</p> <p>Service providers in the Lower Hume collaborated on the Integrated Diversity Plan to support inclusive service provision.</p> <p>Nexus is a preferred provider for LGBTI+ in My Aged Care (MAC) and is working toward the Rainbow Tick accreditation.</p> <p>Murrindindi Children's Network, coordinated by Murrindindi Shire Council delivered the Early Years Conference focusing on inclusion.</p>	<p>MSC Community Services Murrindindi Access and Inclusion Committee Nexus</p>	<p>Achieved</p>	<p>1-4</p>
	<p>Explore solutions to transport barriers with the community</p>	<p>The Moving Murrindindi project in collaboration between Murrindindi Shire Council and Community Accessibility was initiated.</p>	<p>MSC Community Services</p>	<p>Achieved</p>	<p>1-2</p>

OUR PLACE

STRATEGIC OBJECTIVE 2:

WE WILL MAINTAIN AND ENHANCE PLACES TO BE ATTRACTIVE AND LIVEABLE, IN BALANCE WITH OUR NATURAL ENVIRONMENT.

Strategy 2.1 - Support recreation opportunities for our residents and visitors that encourage participation and community connections

Indicator: DHHS Victorian Population Health Survey – SOCIAL ISOLATION - High/very high levels of social isolation
 – COMMUNITY & CIVIC ENGAGEMENT - Proportion of Victorian adults who did not volunteer
 VicHealth Indicators Survey – PHYSICAL ACTIVITY – Participation in any organised physical activity
 – Participation in any non-organised physical activity

Actions	Key focus area	Progress comments	Responsibility	Achieved/ Achieved in part / Not achieved	Year
2.1.1 Plan for an appropriate mix of sport and recreation assets to meet community needs Progress measure: Number of clubs engaged	Finalise and implement the recreation and open space policy framework to address equity and need in the provision of council services.	The Murrindindi Shire Council Recreation and Open Space Strategy 2018-2028 was adopted by Council following community consultation.	MSC Community Services	Achieved	2-3
	Facilitate localised community conversations to support maintenance, service planning and collaboration.	Murrindindi Shire Council has worked with local sporting clubs and groups to: <ul style="list-style-type: none"> - Improve female friendly change room facilities by activating projects at Yea and Flowerdale recreation reserves. 	MSC Community Services	Achieved	1-2

		<ul style="list-style-type: none"> - Completed playing surface renewal works at the Alexandra Tennis Club - Completed the redevelop the Yea Railway Reserve Play Space. <p>Council facilitated discussion with sporting clubs and community regarding infrastructure planning as part of the public exhibition of the draft Recreation and Open Space strategy.</p> <p>Council successfully delivered the 2018-19 outdoor swimming pool service with 22,000 visits during the public hours. Including a community survey with over 500 responses to gathering feedback on infrastructure and current service provision.</p>			
	Work with cycling groups to identify opportunities for signage to indicate key cycling routes.	Council, in partnership with the Murrindindi Cycling Club, designed and implemented 230 cycling road safety signs across 472km of road cycling routes across the shire.	MSC Community Services	Achieved	2
	Engage the community and Sport and Recreation partners to ensure local facility needs can be met and implemented.	<p>Council successfully supported community to access over \$320,000 State Government funding to enhance recreation facilities in 2019/20.</p> <p>Council successfully delivered capital works projects valued at over \$530,000 to support participation and wellbeing outcomes for our communities.</p> <p>Valley Sport:</p> <ul style="list-style-type: none"> - Facilitated and provided specific grant funding opportunities with all clubs - Provided letters of support & grant writing assistance to applicable projects 	Valley Sport MSC Community Services Vic Police	Achieved	1-4
	Groups are supported to undertake strategic planning for facilities.	Valley Sport offer of strategic planning opportunities & specific grants was shared with all clubs, but no uptake in 2018/19	Valley Sport MSC Community Services	Not achieved	1-3
2.1.2 Explore innovative	Support the marketing and promotion of local sport	Council was successful in activating the This Girl Can Local Area Marketing project during April and May with over 10	MSC Community Services	Achieved	1-4

approaches to promote tracks, trails, sport and recreational opportunities	and recreation opportunities including social media and innovative approaches.	events and a significant social media campaign that reached over 30,000 people.			
Progress measure: Number of promotion activities undertaken	Improve main road signage identifying the Great Victorian Rail Trail	Council in partnership with The Friends of the Great Victorian Rail Trail, designed and delivered 9 signs along the Murrindindi trail to support visitation.	MSC	Achieved	1
	Install Indigenous Recognition Shire entry signage.	Further exploration around boundary signage was conducted, including with State Government.	MSC	Not achieved	2