



Council and community working together on health and wellbeing

Murrindindi Shire Council takes its responsibility to protect, improve and promote the health and wellbeing of its residents very seriously. At the Council Meeting on Wednesday 24 October, Council reflected on what had been achieved one year into its 'Health and Wellbeing Plan 2017-2021'.

Murrindindi Shire Council Community Services Portfolio Councillor Sandice McAulay said the Plan guides Council, and its partners, on what goals it must to achieve to meet the community's health and wellbeing needs and priorities.

"As well as being closely aligned to the Council Plan 2017-2021, the Health and Wellbeing Plan contains additional key focus areas to reflect the priorities of our partners. The plan also sets out how we are going to achieve actions and measures our success along the way.

"We're so pleased to have worked with 21 external agencies – including community groups, sports organisations and health and support services – developing and delivering year one of this Plan.

"The needs and priorities outlined in the Plan came from the community itself during the 'Have Your Say' campaign and are supported by statistics from local health service providers, the national Census of Population and Housing and other health and wellbeing measures.

"Some of the things the community told us were important for Council and its partners to work on include: providing more support for community groups, making health services more accessible, connecting and providing services to the elderly, giving the community more opportunities to come together and celebrate, encouraging diversity and promoting volunteerism and participation– especially amongst young people.

"So that's just what we've been doing with the 'Health and Wellbeing Plan 2017-2021'. We're delivering and developing projects that support vulnerable children and families, improve access to services - including mental health services, increase opportunities for lifelong learning, support art and cultural activities and promoting healthy living and healthy eating.

We would like to thank our community and service partners for their ongoing commitment and contribution to the plan – we're really making progress!" Cr McAulay said.

To read the full Health and Wellbeing Year One progress report, go to www.murrindindi.vic.gov.au/reports