



# Murrindindi Children's Network presents the **Better All Round**

## 2024 Early Childhood Conference

This year the conference will focus on how listening to children and what makes them feel safe and happy or telling them their stories to give them their place in the world, gives them confidence to assert agency and autonomy over their emotions and bodies. We will also be looking after ourselves and our own mental health through the exhilaration of drumming. Makes us all better all round.

### Featuring:

**Annette Sax** - Yarnstrongista. Importance of stories in children's play and learning with a focus on Aboriginal and Torres Strait Islander children.

**Deanne Carson** - CEO Body Safety Australia. Consent in early years.

**Robyn Papworth** - Play, move, improve. Play as therapy.

**African Drumming** - Back by popular demand. Drumming for stress relief and mindfulness.

### Information

**When:** Thursday 9 May 2024

**Where:** Holmesglen, Moores Road,  
Eildon

**Start time:** 8.30am registration for a  
9.00am start - 4.00 pm finish

**Cost:** \$150.00

Register [Here](#) by Friday 19 April 2024.



For more information, call Sue Porter or Carren Hedger on 5772 0333 or via email at [sporter@murrindindi.vic.gov.au](mailto:sporter@murrindindi.vic.gov.au) or [chedger@murrindindi.vic.gov.au](mailto:chedger@murrindindi.vic.gov.au)



# Presenters

## **Annette Sax**

Education and Creative Art Director,  
Yarnstrongsista



Yarn Strong Sista was founded because Annette Sax found a gap in the early childhood education field while storytelling, and the resources available at the time. Thus, started an organization that combined all the required elements to ensure that Aboriginal history and Ways of Being were introduced in the Early Childhood Education sector.

## **Deane Carson**

CEO Body Safe Australia



In 2014, Deanne realised that relationships and sexuality education in Australia needed to be more inclusive of children and young people from marginalised and minority backgrounds, needed to be responsive to the use of digital technology in young people's lives, and needed to more directly address the risk factors of sexual harm in order to prevent childhood sexual abuse.

Deanne continues to work on creating a workplace and education programs that value the experiences and knowledge of people of all ages, genders, sexualities, faiths, cultural backgrounds, and abilities.



# Presenters

## **Robyn Papworth**

Exercise Physiologist and  
Developmental Educator



Her burning passion? Equipping educators, teachers, and families with the tools and understanding to champion children facing challenges like trauma, ASD, ADHD, dyspraxia, cerebral palsy, and dyslexia. How? Through innovative play and movement-based learning strategies that bring joyful connection and progress hand in hand.

## **African Drums**

Back by popular demand



“The drum does not segregate, judge or condone; it is a unifier, an inspirer and a panacea for body, mind and soul.

We believe that the traditional rhythms of West Africa contain a magic that touches all who open themselves up to their offerings.

Put simply, the music can sooth and ignite, calm and energise, transport and ground. It can be a complex conundrum and the simplest modality all at the same time.”





# Program

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8.30 - 9.00 am	Registration/Covid safe check-in
9.00 - 9.45 am	Welcome to Country and Smoking ceremony - Aunty Jo. Welcome - Mayor Damien Gallagher
9.45 - 11.00 am	Annette Sax - Yarnstrongsista
11.00 - 11.30 am	Morning Tea
11.30am - 12.30 pm	Deanne Carson CEO Body Safety Australia
12.30 - 1.30 pm	Lunch
1.30 - 2.30 pm	African Drumming
2.30 - 2.35pm	Short break (no more than 5 minutes)
2.35 – 3.35 pm	Robyn Papworth Play as therapy Play, Move, Improve
3.35 - 4.00 pm	Closing



# Registration

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Each person will need to register and pay individually.  
Only use this form if you cannot register online.  
Registrations close Friday 26 April 2024.

Name:

Organisation:

Contact Phone:

Email:

Dietary requirements/ accessibility needs:

Emergency Contact:

Amount paid \$150.00 (GST inclusive) Receipt Number:

Murrindindi Shire Council ABN: 83600647004  
This is a Tax Invoice when payment is made.  
Amount Paid: \$150.00 (GST inclusive)  
Payments by credit card will attract an  
additional merchant fee.

